

DAVID LOPEZ

Celebrity Hair Stylist

Brand Ambassador & On Air Spokesperson



David Lopez is a top fashion & celebrity hairstylist. This year's XOXO campaign with Chrissy Teigen and Lily Aldridge and Calypso's campaign with Nadine Leopold were career standouts. David is the official on-air spokesperson for T3 hairtools appearing on QVC.

Equally comfortable in front of the camera as he is behind the scenes, David also provides commentary on today's hottest styles and dishes out style secrets in a variety of media outlets including: Models.com, Style Caster, Warner Brothers, The Fashion Spot, Next Models blog, Glamour.com, Shop NBC, Essence, WWD, OK Magazine, Glam, Nylon, & Beauty Blitz.

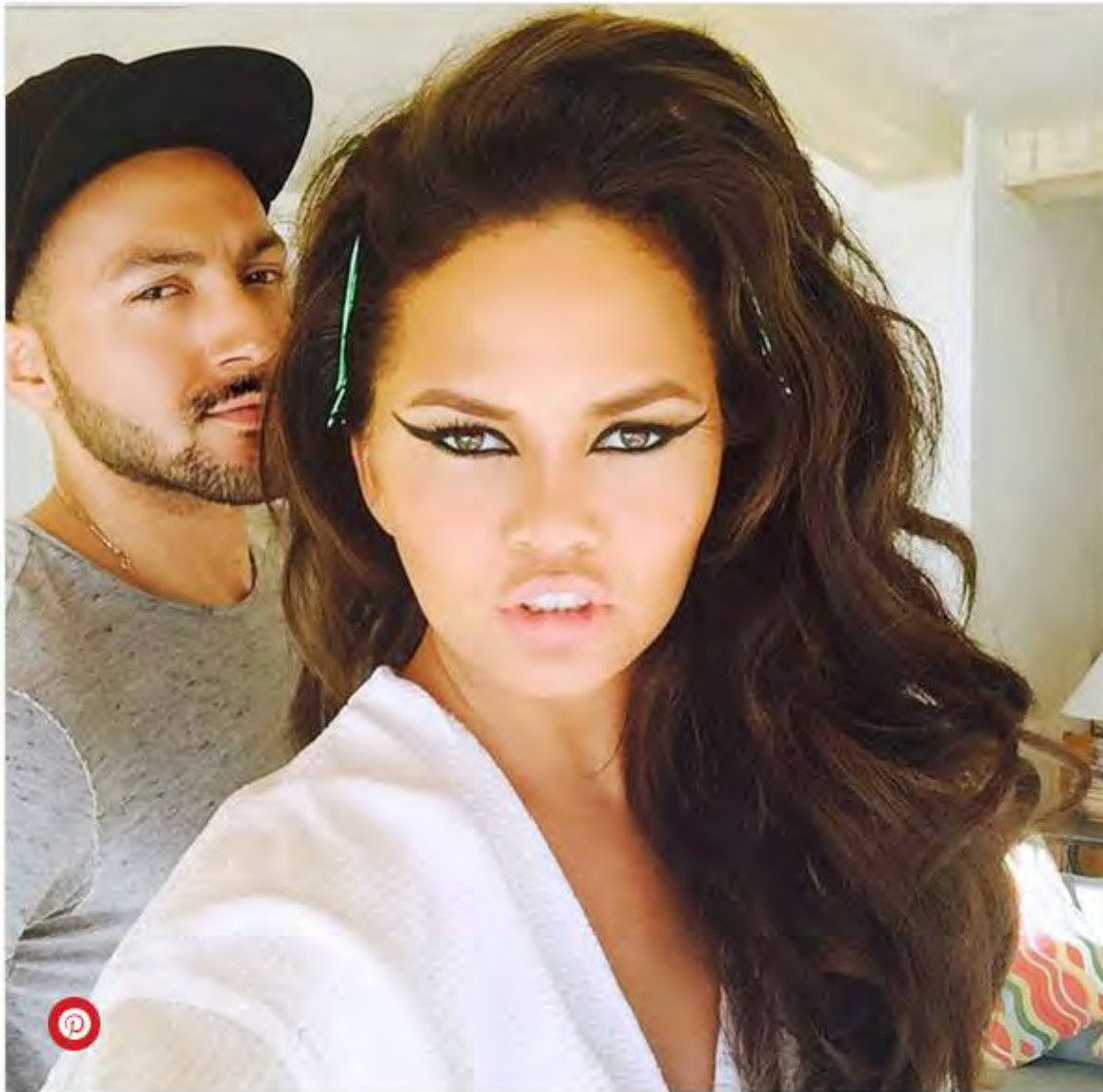
David is also a creative consultant and product developer for various hair care brands.

David regularly meets with top beauty editors to discuss latest hair trends including; Vogue, Allure, Glamour, People Style Watch, Harpers Bazaar, Marie Claire, and Seventeen.

VIDEO REEL AVAILABLE UPON REQUEST

Chrissy Teigen is a Brunette! Do You Like Her New Color?

CELEBRITY BEAUTY | 02.26.15 by Alina Gonzalez



As a *Sports Illustrated* icon, Chrissy Teigen has rocked sexy, beach-blond hair for quite some time, the bombshell look being a part of her identity. But the model and hilarious wife of John Legend changed things up when she debuted a decidedly un-Springy, rich, moody brown hair color on Instagram yesterday. She had posted a **teaser shot** while mid-color process, and didn't leave fans hanging, later revealing two new images of her transformed 'do.

It's not entirely clear whether the decision was personal or for a job, though Teigen did share that she was **on set** in the first "after" photo. Later, she shared a cute photo of herself with the man responsible for the color, **David Lopez**, sporting a seriously dramatic cat-eye. For his part, Lopez **joked**, "Behind every great brunette there's a Puerto Rican hairdresser."

What do you think of her new color? Share your thoughts below!

GET *her* LOOK

Chrissy Teigen

HAIRSTYLIST
DAVID LOPEZ
SHARES HIS
MULTITOOL
PROCESS FOR
THE STUNNING
MODEL'S
"JUST OUT OF
THE OCEAN"
WAVES

1. THE PERFECT BASE

Before rough-drying strands, David prepared Chrissy's hair with this texturizing spray. "It gives grit and density, the way salt water and beach air would," he says. Plus it smells like a summery citrus punch.

Hair.Resort.Spray,
Kevin.Murphy, \$25;
kevinmurphy.com.au



2. TIGHTER WAVES ON TOP

Though it's meant to look effortless, Chrissy's 'do requires two different irons: From root to midshaft, David used a 1-inch barrel to create tighter, "rippled and ropy-looking waves."

Whirl Trio
Interchangeable Styling
Wand with 1" Barrel, **T3**,
\$230; Sephora

3. LOOSER ENDS

"With naturally wavy beach hair, the ends are looser," says David of his switch to a 1.75-inch barrel iron to bend the last four inches of Chrissy's hair. To finish, he raked through the entire look with his hands.

BodyWaver, **T3**, \$149;
Sephora



SELF

SUBSCRIBE FASHION BEAUTY FITNESS FOOD WELLNESS CAREER TRENDING VIDEO SELFXTONE IT UP CHALLENGE

4 Hot Tool Mistakes You're Probably Making, According To A Hair Pro

When was the last time you cleaned your blowdryer?



The truth: hot tools are a major investment. A top-of-the-line blowdryer will keep your strands from frying and give you glossy shine, but it will cost you! So why would you ruin your trusty tool by tangling the cords and clogging the vents? [T3 celebrity hairstylist David Lopez](#) has a strict maintenance regimen, so his tools are at peak performance for clients like Chrissy Teigen. He told SELF some of the most common flatiron and blowdryer sins women are making that will eventually send your tools up in smoke.

1. You wrap your cords around the handle.

One of Lopez's pet peeves: bad cord care. You can ruin your tools by wrapping the cord around the iron or getting them knotted in the drawer (this is electric wire you're dealing with!). Instead, fold the cord back and forth in a tight bundle and secure with a rubber band before throwing at the bottom of your bathroom drawer.

2. You let black gunk build up on your flatiron.

Over time the product and oil from your hair can start to build up on the edge of your flat iron plates, creating a black film. You can use alcohol on a cool flatiron to clean off the residue. Or use Lopez's professional trick: while the iron is still warm (but unplugged), wipe with a damp towel. The buildup will slide right off.

3. You replaced your heat-resistant glove with a regular one.

You totally lost the special hand protector that came with your curling wand. It happens! Don't use any old glove just lying around (yes, Lopez has heard of women using winter mittens as a replacement). Knit or nylon fabrics won't protect your hand from burning. Or worse, the synthetic glove will melt when it comes into contact with heat, leaving residue on your iron. A dry, cotton hand towel folded over a few times is a good alternative. Just make sure the cloth is completely dry, as a damp cloth will heat up quickly.

4. You've never cleaned your blowdryer—ever.

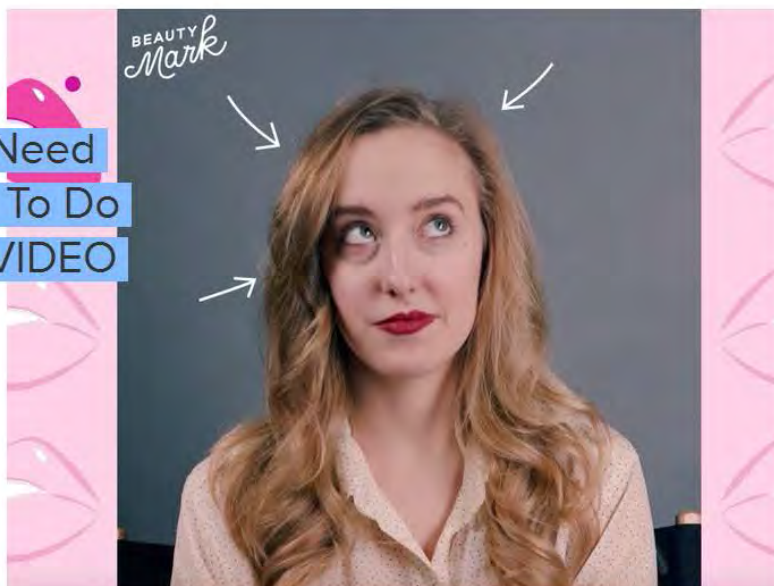
Got smoke coming out of your blowdryer? It probably needs a thorough cleaning. A clogged vent can minimize the effectiveness of your dryer. Dirt and lint can blow back into the motor, which messes with the speed and temperature. Read: a lengthier blow-dry time for you.

Open up the back of your blowdryer. Then use a toothbrush to remove dust and hair particles from the wiry filter inside. Lopez recommends giving your blowdryer a good scrub every few months if you use it on a weekly basis. Good news: some newer models have metal filters that you can just wipe off (now you have no excuse).

3 Curling Iron Hacks You Need To Try That Have Nothing To Do With Curling Your Hair — VIDEO



HANNAH FRAZIER CALDWELL
7 hours ago • FASHION & BEAUTY

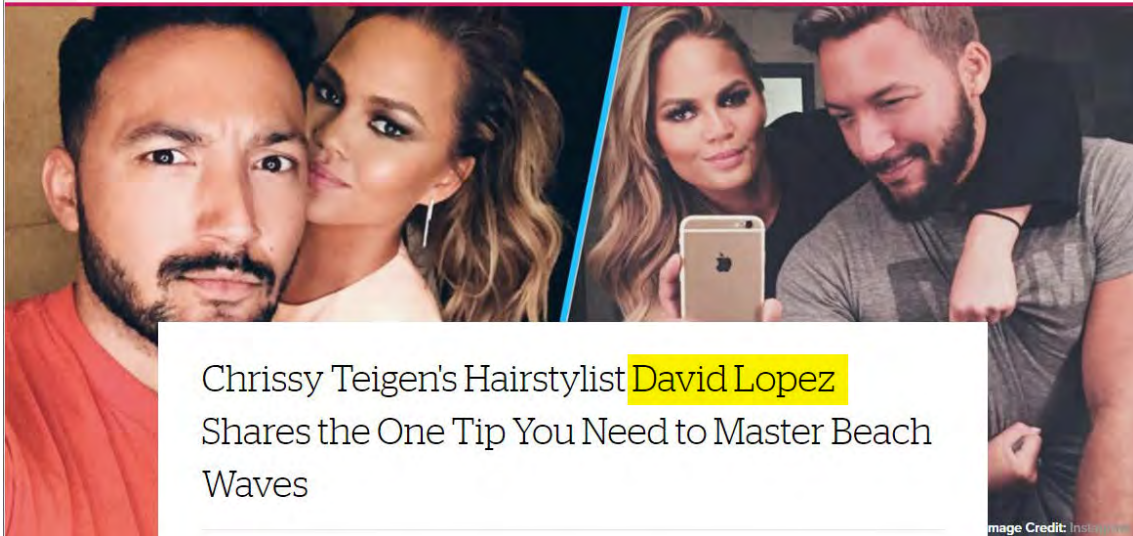


We all know that the quickest way to get a sleek curly 'do is with our trusty curling irons, but the tool is capable of so much more. This week on Beauty Mark, we learn a few handy [curling iron hacks](#) from hair master [David Lopez](#), the lead stylist with [hair tools company T3](#).

For those of you with cash-money and time, you can certainly achieve the perfect blowout with a trip to your salon, but with Lopez's tips, you can get the salon look at home. If you're anything like me, the blowdryer becomes your worst nightmare with anything past a basic drying, but with Lopez's hacks, you'll learn a simple way to get a gorgeous blowout with nary a blowdryer in sight.

Lopez's second tip is so simple and effective you'll be kicking yourself for not figuring it out on your own first. Got [face framing frizz](#)? Just run a curling wand gently over the top of your hair and, viola! Bye bye fly-aways.

His last hack is a seriously gorgeous and surprisingly simple way to get those cool-girl loose waves everyone seems to be rocking. Watch the video below to see the step-by-step of this and the other two tutorials. Oh, and Lopez is using a T3 Twirl Convertible 1.25" curling iron, which goes for \$185 at [sephora.com](#), as well as a T3 Whirl Trio interchangeable styling wand, which retails for \$270, also at [sephora.com](#).



Chrissy Teigen's Hairstylist **David Lopez** Shares the One Tip You Need to Master Beach Waves

By Hayley Wilbur May 13, 2016

LIKE MIC ON FACEBOOK:

You don't need to ogle her locks from a distance anymore: This is the secret to perfecting Chrissy Teigen's signature hairstyle for yourself — without a pricy trip to a stylist.

Mic got the inside scoop from [David Lopez](#), Chrissy's hairstylist, on what gives Teigen's hair those voluminous beach waves — and it all boils down to one product: [Kenra Professional Platinum Dry Texture Spray 6](#).

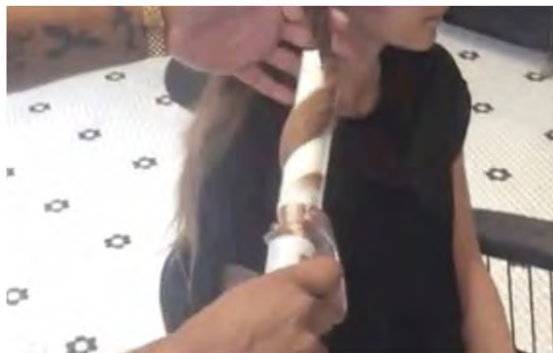
Read more: [Breastfeeding Chrissy Teigen Tried Tanning and, Welp, It Didn't Go Too Well](#)

Follow Lopez's demonstration below to learn how to use the spray to get a luscious head of hair worthy of the A-List.

Step 1: After blowing out your hair, use an [inch and a quarter barrel curling iron](#) to wrap your hair around the top of the wand, twirling it toward your face.



Step 2: Slowly twist out curls to elongate the wave. Straighten the ends.



Source: [Mic/Facebook](#)

Step 3: After curling your entire head, take a large comb and brush out the waves.

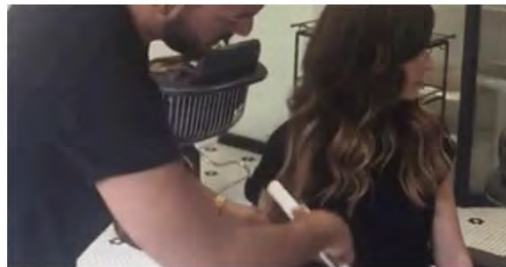


Source: Meri Facebook

Step 4: Use a 1-inch iron for a little added volume.

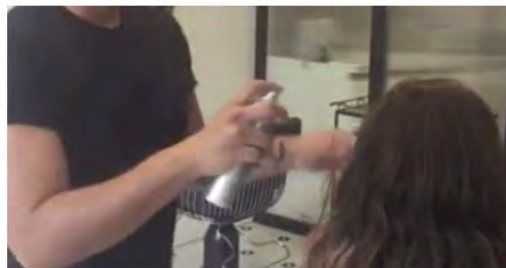


Step 5: Go over the ends quickly with a flat iron to get a casual, beachy look.



Source: MrFacebook

Step 6: Apply the dry texture spray for hold.



"Most girls make their hair too 'done' or curled. Use a flat iron or blow dryer and paddle brush to loosen waves," Lopez explains. "Use a good amount of product. Don't be afraid of it!"

Voilà! The result is Chrissy Teigen-like waves.



Source: David Lopez/Getty Images

SPRING 2016 TREND: SOMBRE HAIR

Get The Look:

Add two solid colors 2 shades lighter than your own root for a chemical free ombre transformation! See example below!



Introducing our Brand New Online Education With Celebrity Stylist **David Lopez**

Glam Seamless is committed to providing the best hair and online education for hairstylists. That's why we've brought on Celebrity and Editorial Hairstylist David Lopez as our 2016 Global Ambassador. We want to partner with new salons and hairstylists to join our team and get certified online! When hairstylists sign up for education they will get a FREE starter kit which includes a FREE pack of hair! Enroll today before prices go up! **PRICES GO UP MARCH 21ST!**

Not a hairstylist? Don't worry, you can get in on the FREE hair action too! When you refer a salon or hairstylist and they sign up for our PRO PLUS Education package, you will receive one pack of tape in extensions for FREE as a referral gift! Contact us for more information.

Refer a hairstylist today for our [brand new education here!](#)

B

378
BEST
LOOK

GET
GREAT
SKIN
+ MAKEUP
MUST-HAVES

THE
CELLULITE
CURE

B

CARINE
ROITFELD
ON THE
SEASON

Harper's

Beauty **BAZAR**

THE WAVES YOU WANT

Experts reveal the tricks to getting the season's perfectly undone tresses
By Jessica Prince



PREP LIKE A PRO Regardless of your hair's texture, you can achieve long-lasting waves with these steps. On fine, straight strands, rough-drying is key, says celebrity hairstylist **David Lopez**. Apply Show Beauty Divine Thickening Mist (\$55) on damp hair, then rough-dry it upside down 95 percent of the way. After you flip your hair over, part it on the side. "It will look thicker," adds celebrity stylist Jen Atkin. On medium-length, straight locks, try Atkin's trick: Part your hair in the middle, and comb while it's still damp. Next, starting at your temples, place metal duck-bill clips in horizontal rows. Stop a few inches above the ends. Spritz on Alterra Summer Ocean Waves Tousled Texture Spray (\$22), and set with the heat from your blow-dryer. If you have thick, curly hair that's prone to frizz, use Pantene Pro-V Smooth Blow Dry Crème (\$5.99), and blow-dry with a Mason Pearson brush to loosen the natural curl.

MAKING WAVES The difference between creating loose waves and tight curls is all in how you position your curling iron. For a relaxed, natural-looking bend, lift your arm over your head and hold the iron vertically so that the barrel is pointed down and your hand is level with your ear. (When styling either side of your head, hold the iron in the opposite hand.) Lopez says to wrap one-inch sections "loosely around the barrel so the hair takes up the entire length of the iron," but leave the first few inches of your crown and the last few inches of your ends smooth and straight. Hold each section for 10 seconds. Complete the look with Bumble and Bumble Cityswept Finish (\$30). ■

THE BEST TOOLS

Not all curling irons are created equal. Lopez recommends investing in a ceramic version because they "heat the hair faster and more evenly, which preserves your hair's health." For the easiest use, choose a clampless rod like Sultra's The Bombshell 1.5-inch Curling Iron (\$135) or GHD's Curve Classic Wave Wand (\$245). Or add dimension with **T3's** Whirl Trio Interchangeable Styling Wand (\$230, above). It comes with three barrels that range from one inch to 1.75 inches. Also essential: a wide-tooth comb (try Jäneke's, \$31) to soften curls into waves.



ALMA HALL/DAVID HARTLEY; FENTON/COMPTON; COOPER/LEE; WHEAT TO BLV FOR SHOPPING DETAILS

COOLEST
SHOES & BAGS

24 HOURS
WITH **KIM
KARDASHIAN**

+
**KENDALL
JENNER'S
NEW
LOOK**

NEWERS
TEST
NEW
MODEL

Y

marie claire **Suave**

6 Things Every Hot Tool Addict Needs To Do

Because your hair can only take so much.



by NICOLE CATANESE Apr 12, 2019

123



No, you're not imagining things: "Hair that is consistently heat styled and chemically treated is really fragile," says Jenny Cho, a Suave celebrity hairstylist in Los Angeles. Which is why, over time, heat styling it every day at volcano-like temperatures and skimping on moisture treatments can cause the cuticle to erode—literally!—leaving the hair shaft completely exposed. The result? Dry, wiry looking hair with split ends galore. But don't worry: introducing a few new healthy hair habits each day is all you need to do to get it back on track. Work these nourishing steps into your routine and you can style without remorse!

1 Hydrate.

"Moisture, moisture, moisture," says Cho. "Your hair needs it to stay healthy, if you are constantly manipulating the hair's shape with stylers." Look for shampoo and conditioner formulas that are infused with ingredients known as natural moisturizers, like coconut oil, coconut milk or argan oil. The formulas will quench hair without weighing it down. One to try: [Suave Professionals Coconut Oil Infusion Damage Repair Shampoo & Conditioner](#).

2 Create a protective shield.

Having healthy-looking hair could take you just five seconds a day. Before applying any heat, it's important to protect hair that's freshly washed because "when hair is wet, it's more prone to snapping and breaking," says [David Lopez](#), a hair stylist in New York City. It's just as key to shield second-day dry hair pre-touch up. Lopez suggests reaching for a water-soluble spray (not creams or oils) to use on damp hair (try Oribe Foundation Mist) and a dry protecting spray like Oscar Blandi Pronto Dry Heat Protect Spray on second-day hair before turning on those hot tools.

3 Turn down the heat.

You don't have to use scorching temperatures to get the style you love, especially because hair should always be dry before it comes in contact with a curling or flat iron. "I never have any of my irons at the highest setting," says Cho. The one exception: if your hair texture is extremely thick or natural. "If I do have it really high, I move it through hair as fast as I can," says Cho. The mane rule: "Most hair can handle 380-degrees," says Lopez. (This usually translates to the second highest setting.) "But if your hair is double-processed, bleached, or relaxed, you want to keep it even lower—about 300 to 320-degrees, or the lowest level," he says.

4 Schedule a biweekly hair mask.

"If you regularly heat style or flat iron your hair every day—and I do it to my hair too!—you need a hydrating mask one to two times a week," says Cho. Simply swap in a conditioning mask in place of your daily conditioner, let it soak in while you wash your face, shave, and so on, then rinse. Need easy ways to work a mask into your routine? If you're heading to the gym on Saturday, apply it to your hair from midway on strands and down, secure hair in a bun, then rinse it out post-workout. Or simply apply it all over, braid your hair and leave it on overnight, suggests Cho. (Try [Suave Professionals Coconut Milk Infusion Intense Moisture Mask](#) or [Kevin Murphy Young Again Mask](#).) Good morning, Gorgious!

5 Oil up before bed.

It's a slick move. "I tell clients to apply an oil treatment on their ends at night so that they wake up with healthier-looking hair," says Cho. Promise, it won't make you look greasy. Think about it: Depending how long your hair is, your ends are one, two, even three years old. And after facing countless heat styling sessions, the cuticle layer is often noticeably thinner than rest of hair. Cho suggests smoothing a pump or two of [Suave Professionals Coconut Oil Infusion Damage Repair Oil Treatment](#) between hands and smoothing over ends, then wrapping your hair into a bun and securing the ends with two criss-crossed bobby pins. For hair that's really fried, bring out the big guns: Use a split end mender like [Suave Professionals Split End Rescue Split End Hair Serum](#).

6 Mini-trim on the regular.

Snipping ends every few weeks may sound high maintenance, but it's worth it. If you don't want to sacrifice length, ask for just the tips to be taken off. By nipping the super dry, ready-to-snap-at-any-second sections of your strands before they work their way up the hair shaft, causing splits and frayed ends, your hair will be easier to style. End result: You won't need to work as hard (or use as much heat) to get the look you want. Standing appointment, please!

OCT 20, 2015 @ 3:15 PM

Beauty Hair Hair Tips Hair Products More

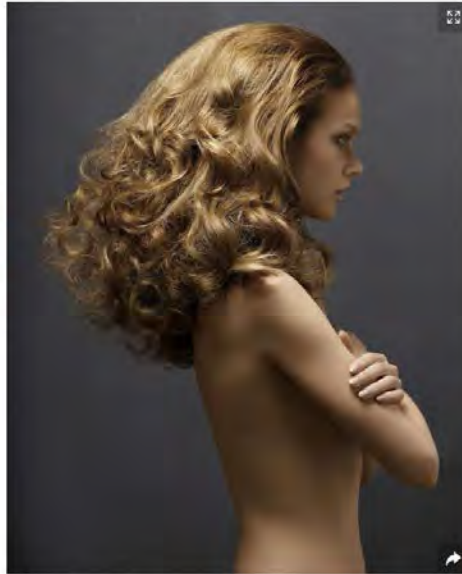
HOW TO HAVE THE PERFECT HAIR DAY

Experts reveal their favorite styling tips.



By Jessica Prince

239
SHARES



Berry Behrnet/Shutterstock.com

BOUNCY CURLS

Start with the right shampoo. If you want natural texture, the secret is to prep your hair before stepping out of the shower. Try **Oribe Moisture & Control Shampoo** (\$43) to minimize volume while strands are wet, then shape your curls by tilting your head forward and scrunching upward. Apply **Dove Nourishing Curls Mousse** (\$6), then use **DevaCurl's microfiber DevaTowel** (\$12) to soak up excess water without roughing up the cuticle. Then don't touch! "The more you play with it, the more it frizzes, and you look like a Chia Pet," says stylist David Babaii. **Avoid steam sabotage.** A cool, dry room is crucial when diffusing curls prone to poufing. "Fighting humidity in a muggy bathroom is like trying to dry your car while you're still inside the car wash," says Babaii. Crack a window or relocate to speed up drying time. **Perfect with an iron.** If you prefer to let your coils air-dry but want a polished finish, use the **T3 Whirl Trio** (\$270) to touch up your crown, suggests T3 lead stylist **David Lopez**. Twist and wrap one-inch sections around the barrel for a loose finish.

SILKY STRAIGHT

Blow-dry like a pro. Dry your hair starting at your roots with the nozzle facing downward, says Cricket stylist Melissa Peverini. "Once your crown air-dries, you lose the chance to add volume or smooth frizz." **Boost body.** "Many women with straight hair complain about a lack of volume," explains stylist Paul Norton. "The trick is to use dry shampoo immediately after a blow-dry," adds Peverini. Spray it on your roots, let dry for two minutes, then blast with a dryer. **Smooth your crown.** "In the first 20 minutes after you finish blow-drying your hair, the root area can become frizzy," cautions Babaii. Try his trick: Clip a gauze pad on either side of your part to absorb the moisture and heat that leads to fuzz.

RUMPLED WAVES

Transform tresses overnight. To wake up with perfect waves, loosely braid dry hair into one-inch-wide plaits starting at your ears, then glide over each one with the **GHD Platinum Styler iron** (\$249), and spritz with **Nexxus Maximum Finishing Mist** (\$15) before bed. In the morning, let them loose for tousled texture. **Avoid the clamp.** The easiest way to avoid dents is to use a curling iron sans clamp. We like **Sultra The Bombshell 1.5 Rod Curling Iron** (\$130). **Make waves, not curls.** Leave the first few inches of your crown smooth, and begin wrapping sections of hair away from your face around a barrel held horizontally. "This position helps form waves; vertically creates curls," says stylist Michael Dueñas. When in doubt, lower the temperature to 300 degrees, recommends Lopez. "You'll automatically get a loose bend rather than a tight ringlet, and that's what you're going for."

BAZAAR

Harper's

Beauty NEED TO KNOW



GORGEOUS WAVY HAIR

Love the look you saw on page 268? Follow these expert tricks for easy, effortless waves.



T3 PRO Professional Hair Dryer, \$350, and SoftTouch 2 Diffuser, \$30, signora.com

2 BEST BLOW-DRY

Using a diffuser, set your dryer at low speed and high heat. Point it toward your head (don't scrunch from the bottom) and "soot-dry," going from area to area. If hair begins to look fluffy, apply Tresemmé Perfectly (Un)Done Sea Foam (\$6.49) and continue to dry. Skip diffusing if you prep at night and sleep with braided pig-tails, suggests Markenson.



GHD Curve Classic Wave Wand, \$245, ghdinc.com

Salon Care Metal Section Clips, \$4 for a six-pack, sallybeauty.com

3 FINISHING TOUCHES

"It's key that the waves go in different directions," advises Markenson. Separate hair by top and bottom with clips, and, in manageable sections, wrap the pieces around a curling rod in alternating directions—away from the face and toward it—leaving the ends straight.

OF FASHION

Beauty BAZAAR



YOUR PERFECT HAIR DAY

Experts reveal their favorite styling tips. By Jessica Prince

BOUNCY CURLS Start with the right shampoo. If you want natural texture, the secret is to prep your hair before stepping out of the shower. Try Oribe Moisture & Control Shampoo (\$43) to minimize volume while strands are wet, then shape your curls by tilting your head forward and scrunching upward. Apply Dove Nourishing Curls Mousse (\$5.39), then use DevaCurl's microfiber DevaTowel (\$12) to soak up excess water without roughing up the cuticle. Then don't touch! "The more you play with it, the more it frizzes, and you look like a Chia Pet," says stylist David Babaii. **Avoid steam sabotage.** A cool, dry room is crucial when diffusing curls prone to puffing. "Fighting humidity in a muggy bathroom is like trying to dry your car while you're still inside the car wash," says Babaii. Crack a window or relocate to speed up drying time. **Perfect with an iron.** If you prefer to let your coils air-dry but want a polished finish, use the T3 Whirl Trio (\$230) to touch up your crown, suggests T3 lead stylist David Lopez. Twist and wrap one-inch sections around the barrel for a loose finish.

Celebrity Hairstylist David Lopez Talks Tips and Tricks

Take notes.



STEPHANIE FLOR

FOLLOW

JUL 05, 2015 1



MIMIchatter.com is part of the Time Inc. Style Network. Copyright © 2015 Time Inc. All rights reserved. [Privacy](#)

Natural personal care brand, [Shea Moisture](#), celebrated July 4th by opening a pop-up shop in the heart of New Orleans during [Essence Fest](#). With products catering to all textures and styles, it was jam-packed with beauty lovers, hailing from all over the country who were ready to try their bestsellers.

Massages, full-face makeovers, and hair touch-ups were provided as guests shopped and learned about all the benefits of Shea Moisture. We caught up with celebrity hairstylist, [David Lopez](#), to get his top hair product picks and find out how to use them to their fullest potential. He even threw in a hairstyle tip perfect for summer. His clients include *Gossip Girl* beauties, and Lopez has even toured with the cast of *Glee*. As the [QVC](#) spokesperson for [T3](#) hair dryers, trust us, this guy knows his hair.

MIMI: What are your hair must-haves and a few tips on how to use them for our readers?

Lopez:

1. SuperFruit Complex Serum:

Take the SuperFruit Complex Serum and mix it in with your conditioner for an instant hair mask on the go. Take a few drops of the serum and run it through for the most moisture.

2. Coconut & Hibiscus Curl Enhancing Smoothie:

Apply the product onto your hair when it's wet and scrunch it into the hair. You'll get more definition and volume if you don't run your fingers through it.

3. Lopez's advice on summer hair:

An easy hairstyle to do during the summer is to tie your hair back into a knot on the nape of the neck, secure with a bobby pin, and then pull it out when you're ready to go. Your hair will have a soft wave without a ponytail dent, and it's super simple and very chic.



How to Brush Your Hair (Yes, There Is a Right Way)

This expert-approved method will make a big difference.

By Chelsea Traber Burns



Brushing your hair is probably something you've been doing since you were little, so you might think you've got the skill down to a science. Turns out, following a certain pro-approved routine can help cut down on damage and even prevent frizz. Celebrity hairstylist **David Lopez** and creative director of Bio Ionic, Joel Calfee, share the dos and don'ts of hair brushing.

1 Brush From the Bottom Up

Your current method is probably to attack the roots first, but both experts recommend starting low. "Your ends are the most delicate so you want to give them the most attention and then work your way up to the roots," says Calfee. "This clears the way at the ends of the hair for knots to easily pass through." Similar to untangling Christmas lights or a delicate necklace, starting in the middle of the knot will only make it tighter and end up causing more tangles. "If you know you're prone to tangles or if you color your hair, use a detangler or a hair oil beforehand as a preventative measure," says Lopez. We like **It's a 10 Miracle Leave-In Product** (\$9.50, drugstore.com)



Photo by Andreas Kuehn/Getty Images

2 Use the Right Tool

"Any of the tangle brushes with flexible bristles are great," says Calfee. We love the **Tangle Teezer** (\$15, sephora.com), which is made to fit right in the palm of your hand for lots of control. Calfee also approves of a paddle brush, but suggests holding it vertically so that the bristles line up to let hair easily pass through it. "When it's horizontal, the bristles take a scattered pattern that catches the hair with more tension," Calfee adds.

3 Handle Wet Hair With Care

"Your hair is the most fragile when it's wet, so it's important to get as much water out as possible before brushing, otherwise it can stretch and possibly snap," says Lopez, who recommends using a microfiber towel like **Turbie Twist** (\$5, walmart.com) instead of cotton (which can cause friction and create tangles). If you're in a pinch, remember to blot hair instead of rubbing it to prevent roughing it up. Lopez also recommends pre-treating hair in the shower. "If you have thick, curly, or tangle-prone hair, brush conditioner through with a wide tooth comb before getting out of the shower so it's easier to manage when you're drying it," says Lopez.

4 Go Easy on Curls

"The more you [mess with curls](#), the frizzier they're going to get," says Calfee. "If you want or need to detangle, always use a wide tooth comb so the curl can pass through without the curl pattern being interrupted." Lopez also adds that you can simply detangle with your fingers if you don't have the right comb handy.

9 Life-Changing Beauty Tips That Only Take

Get bella for barato with these fun DIY techniques.



PANG HEIZENWEDER



By Andrea Arterberry Feb 4, 2014

493



1. **For flyaways:** Spray an old toothbrush with hairspray and run it over frizzy hair until it lays flat. It's the quickest way to tame hairs without slapping on a bunch of product. —celebrity hairstylist **David Lopez**
2. **To make your hairstyle last longer:** Give your bobby pins extra grip by spraying them with dry shampoo first and then sliding into the hair. —celebrity hairstylist David Lopez
3. **For frizz-free bangs:** Blow dry from the side using a round brush. Do it a few times and keep switching sides. celebrity hairstylist David Lopez
4. **For a cracked compact:** Add a drop of rubbing alcohol, pour it into the pan, flatten out with your finger, and let it dry. In an hour or so, the compact will harden again. —Kerry Cole, BECCA Cosmetics style director.
5. **For uneven skin tone:** Dab on a coral or orange lipstick. Applying a bit under your concealer will cancel out any dark areas. —Maybelline makeup artist Gabriel Almodovar
6. **For cocktail-proof lips:** Give the cocktail glass a little lick before you sip. Licking the outside of the glass from where you will be drinking repels the product and keeps your lip color in place, even if this sounds bizarre. —Petra Strand, makeup artist and founder of Pixi Beauty
7. **For soft skin:** Coat hands with raw honey for about 20-30 minutes and rise off for a hydrating treatment. —Tracylee, celebrity manicurist and Sally Hansen Nail Ambassador
8. **For a sparkly finish on your nails:** Pat a bit of shimmery eye shadow to your nails for a fun, dazzling effect. Finish off the look with a top coat. . —Tracylee, celebrity manicurist and Sally Hansen Nail Ambassador
9. **To strengthen your nails:** Try Vitamin B Complex. This supplement helps prevent breakage. —Jin Soon Chol, owner of Jin Soon Natural Hand and Foot Spas

BEAUTY BUZZ: CHRISSY TEIGEN TURNS TO THE DARK SIDE, CELEBS CELEBRATE LOC LOVE, AND LILY COLLINS PICKS UP A PIXIE

By VALIS VICENTY February 26, 2015

[Like](#) 0 [Tweet](#) 0 [Pin it](#) 0 [+1](#) 0


Say bye, bye to **Chrissy Teigen's** blonde strands, as she's switched back to brunette. The mega model posted a snap from colorist **David Lopez's** salon chair during the process with Lopez sharing a picture of the results. With her bombshell hair, fierce cat-eye, and crop top and shorts, she's not smoldering, she's smokin'! [\[Refinery 29\]](#)

While the Oscars red carpet served up a slew of gorgeous gowns, it wasn't without controversy. **Zendaya** stepped out for Hollywood's biggest night wearing dreadlock extensions that didn't sit well with *Fashion Police's* **Guiliana Rancic** who said she "smells like patchouli oil. Or, weed." While the comment started a firestorm and even prompted **Kelly Osbourne** to question her position on the show, Zendaya took it in stride, responding with a *poignant Instagram post*. The starlet received loads of support from the likes of **Taraji P. Henson**, **Solange**, and many more to celebrate the beauty of African American hair and forgave Rancic for her comments. **Melissa Rivers** shared a #TBT snap of the star and her mother before she had passed, captioning it with, "We [at the show] have nothing but love for Zendaya then and now. A repeat guest host." Judge not, lest ye be judged, we guess. [\[Instagram\]](#)

This pixie pop up is turning into a trend, as **Lily Collins** is the latest to try out the trend. The star stunned when she stepped out for Vanity Fair's post-Oscars soiree, posting snaps to her Instagram with the hashtag #shorthairandlovingit. This comes on the heels of **Rita Ora's** cropped coif, who also debuted her look on the Grammys red carpet. Let the hairstyle battle of 2015 begin! [\[Glamour\]](#)

Jin Soon is brightening up our spring forecast with a fresh collaboration with Tila March's Tamara Taichman. The brands came together to curate a collection of five vibrant nail hues drawn from the brand's signature patent leather bags, including a new one exclusive to the set, the Jin Vanity Case that will house the polish bottles in a compartment and will be available in all of the hues. As **Jin Soon Choi** explained, "Tamara and I wanted to create five on-trend hues that make a statement on their own and are even more powerful as a collection. When put together, the shades represent a beautiful painting." [\[Glam Blush\]](#)

Bid farewell to Flash tattoos; say aloha to henna; and hola to jaguar gel as your new **tattoo** alternative. The gel is an all-natural dye made from the Amazonian fruit of the same name that delivers 10 days worth of black/deep blue designs for only \$25. If you're wanting to test-drive a potential tat, this may be the best way to get realistic results without the pain or cost. Ink on, kittens! [\[xo Vain\]](#)

AUG 6, 2015 @ 12:51 PM

BEAUTY & STYLE BEAUTY HAIR CARE

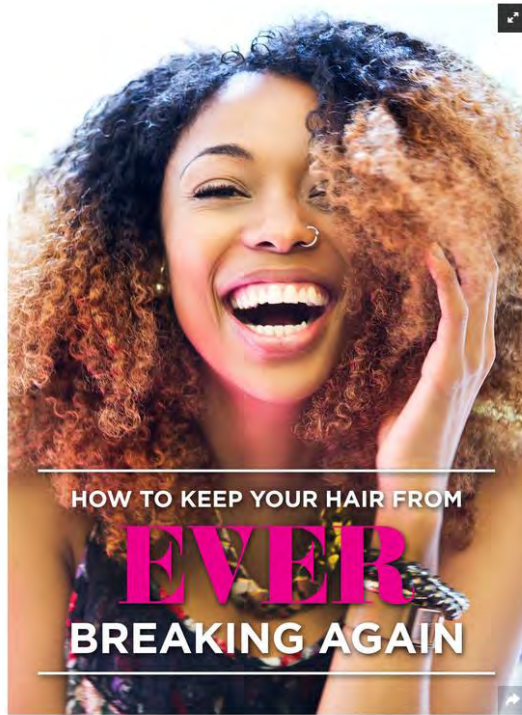
How to Keep Your Hair From Ever Breaking Again

It's all fun and games until you have no edges.



By *Andrea Arterbery*

1.9k
Shares



Daily

1. Load up on moisture. Because curly hair is naturally dry, it can become brittle and break off easily. "Natural African American hair is characterized by the bends of the fiber at every place that the hair curls," says **Pantene** principal scientist Rolanda Johnson Wilkerson, Ph.D. This can keep oil from the scalp from traveling down to lubricate the hair. "This is why African American hair has a tendency to be dryer and more fragile, exposing the hair to breakage."

To make sure your thirsty strands are quenched, apply a daily moisturizer, like coconut oil or **Aveda Dry Remedy Daily Moisturizing Oil**. And then use a super-hydrating deep conditioning hair masque, like the **Ojon Damage Reverse Restorative Hair Treatment**, weekly.

2. Customize your routine. "The suggested amount for use on the bottle doesn't always work for everyone," **Tippi Shorter**, Aveda Global Artistic Director for Textured Hair, says. So one of the best ways to find out what works best for your particular hair type is by trial and error. If you end up needing to apply an entire bottle of coconut oil to your hair in order to keep your strands moisturized, that's OK. If you have to watch YouTube tutorials featuring other naturalistas that have similar strands to yours, that's also OK. Whatever you have to do to decode your mane, do it. And then once you find your perfect hair formula, stick to it.

3. Shampoo your hair while it's in braids or jumbo twists. If you keep your hair from getting tangled to begin with, you'll end up with less of a chance of breakage.

4. Get regular trims. I get it. You're trying to grow your hair longer, so why would you cut it? That doesn't mean trims need to be entirely out of the picture. "Removing split ends is the only way to prevent further damage on other parts of the same hair shaft where split ends are present," says Dove hair curl expert **Cynthia Alvarez**. "Allowing a professional stylist to trim your hair every six weeks will help to keep it in optimal shape and decrease breakage." If the word trim scares you, ask your stylist for a "dusting," which is code for take off the least amount. Please and thank you.

5. Too much protein can be a bad thing. While protein does work to strengthen the hair, over time, too much protein can leave hair brittle and prone to even more breakage, warns celebrity hairstylist **David Lopez**. Create an even balance by infusing strands with extra moisture (try **Shea Moisture Manuka Honey & Mafura Oil Intensive Hydration Masque**) in between protein treatments.

6. Comb your hair when it's dry.

ALWAYS COMB YOUR HAIR FROM ENDS TO ROOTS

Lauren Ahn

Hair is in its most fragile state when it's wet (aka prime time for breakage). To keep your strands intact, Alvarez says to comb through your curls using a wide-tooth comb before washing (combing from ends to roots, since most of the tangles are at the nape).

Saturate your hair first with a pre-wash moisturizer, like [Motions Enhance & Define Pre-Wash Detangling Butter](#), so the comb slips right through your hair. Don't have time to detangle pre-shampoo? Rihanna's stylist [Ursula Stephen](#) suggests dousing your hair with a leave-in conditioner (try [Cantu Coil Calm Detangler](#)) and waiting until your hair is at least halfway dry before using a wide-tooth comb to detangle strands.

7. Loosen up occasionally. Protective styles (braids, weaves, etc.) are always great because you don't have to worry about styling your hair. However, if left in too long, they can add tension to the hair fiber leading right to breakage. For braids, try not to wear them longer than 10 weeks. For hair extensions, try not to leave them in past three months.

8. Turn down the heat. While it's never a good thing to apply too much heat to any hair type, this is especially true of relaxed hair. It's already in a compromised position due to the chemicals used to straighten it. Try to rely on heat-free tools (like hair rollers or Flexi Rods) to create curls and wrap the hair nightly in order to maintain the style.

If you do need to use a hot tool, Lopez suggests using a temperature range of 300 to 375, and to always keep the hair tool moving. For example, if it's a blow-dryer or straightening or curling iron, don't let it sit in one place on your hair too long, since this can fry your hair right off. It's also a good idea to invest in high-quality curling or flat irons, such as the [T3 Single Pass X Styling Iron](#). It contains Single Pass technology so there's no need to repeatedly go over the same sections of hair.

9. Keep your scalp clean.



Clean your scalp with astringent and a cotton ball and follow with a light coating of coconut oil.

A healthy scalp is essential to growing healthy hair," Alvarez says, "and cleansing your scalp at least biweekly and keeping it moisturized can prevent hair loss and scalp irritation." If your hair is currently in a protective style (i.e. braids, locs, extensions), Alvarez suggests cleansing the scalp using astringent and a cotton ball, followed by a light coating of coconut oil. Don't use hair grease on your scalp as it can clog the pores and hair follicles, making it difficult for water and other moisturizers to penetrate both your hair and scalp, which can result in breakage.

10. Maintain a consistent routine with your stylist. "If you get a relaxer too often, you'll definitely suffer from severe hair dehydration and end up with brittle strands that break easily," Lopez says. "But if you wait too long in between services, you run the risk of having the relaxed hair break away from your new growth." So, to avoid over processing strands, talk with your stylist about the best schedule needed in order to keep your relaxed strands healthy. If you're relaxing your hair at home, only apply relaxer to the new growth as opposed to putting it on all of your hair, which will make your hair brittle and cause breakage.

11. Wash your hair once a week. "Unless your hair is super oily, washing it every day can make it very dry and cause it to break easily," Stephen said. If you feel like waiting for a biweekly wash is too long, wash it or use a dry shampoo, like the [Suave Professionals Keratin Infusion Dry Shampoo](#), to soak up oils from your roots. Another great way to keep strands clean in between shampoos is by trying a co-wash, like the [Pantene Pro-V Truly Natural Co-Wash Cleansing Conditioner](#), which hydrates your strands as it cleanses.

12. Wrap your hair up in a silk scarf or sleep on a silk pillowcase. Silk retains moisture, unlike cotton, which robs your hair of it. It's a good idea to sleep with your hair wrapped in the soft fabric. Silk also doesn't cause friction between it and your strands, thanks to the slip it gives, which also creates less breakage in the end.



Beauty Buzz: Chrissy Teigen Has Gone to the Dark Side, Jin Soon's Spring Collection, More



FEB 27TH, 2015

POSTED IN [HAIR](#), [CELEBRITY HAIRSTYLES](#) BY [RACHEL ADLER](#)

What better way to start out the day than with the must-click talking points from around the web, curated by us. Have a story you'd like to nominate? We'll be posting our top stories each morning, so tweet us at [@BeautyHigh](#) #BHbuzz

1. **Chrissy Teigen** has gone to the dark side – as in, she's dyed her hair brown – and she of course looks great. [[Glamour](#)]

2. Want to try a new twist on the French manicure? You have to see this. [[Popsugar Beauty](#)]

3. Why you need to start double cleansing your skin, like right now. [[Daily Makeover](#)]

4. JINsoon has teamed up with designer Tila March to launch new spring nail polish colors – and hand bags – so you can really coordinate your shades. [[Style.com](#)]

5. Not everyone is a fan of the man bun apparently, so much so that a video and social media campaign have formed to rally against them. [[StyleCaster](#)]



chrissy teigen is no longer blonde

she's now a brunette bombshell

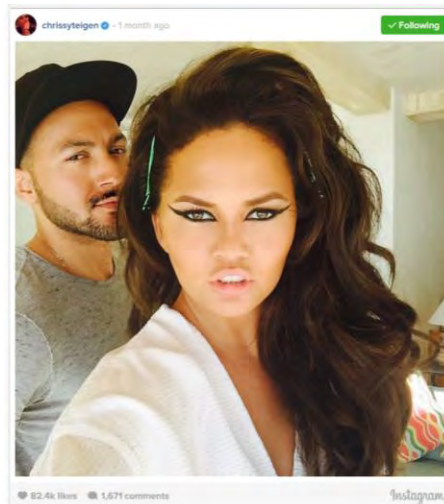
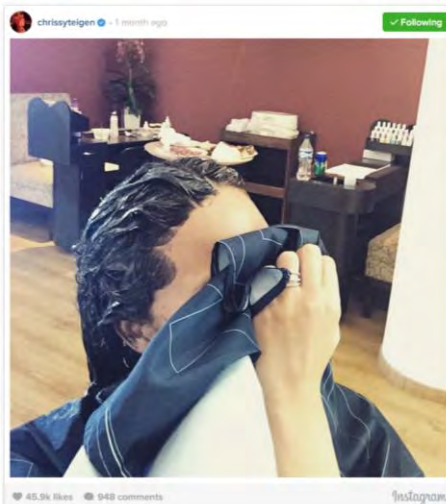
by: [rebecca deczynski](#) — february 26 2015



Late-night snacking antics and **crying face aside**, we identify Chrissy Teigen with her sun-kissed highlighted looks. But now that's all changed. The model has traded in her blonde hair for a darker, chestnut hue—and to no one's surprise, it looks amazing.

The 29-year-old debuted her new look on Instagram, first with the color just setting in her wet hair and later with her newly dyed strands glossy and blown out, ready for a photo shoot. Teigen is one of those mystical creatures who looks gorgeous whether she's sporting a baseball cap and sweats or rocking a custom couture gown. But we can't help but admire how her new color compliments her warm brown eyes and glowing complexion.

Hair stylist **David Lopez** also posted an on-set photo of Teigen rocking some majorly dramatic eyeliner with her new voluminous 'do. With her loose waves and darker color, Teigen's look is a little bit Sophia Loren and a little bit beach babe—and we're obsessed.



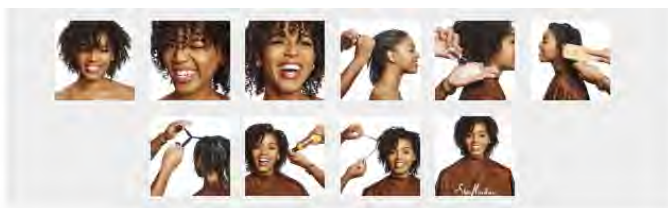
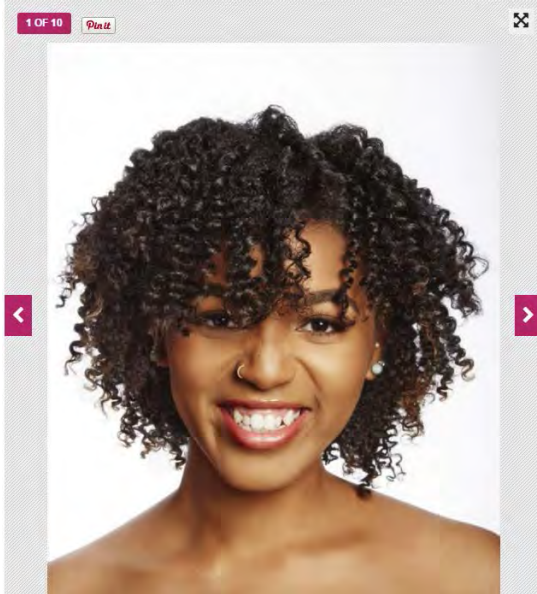
Feature

How-To: Color Care for Textured Clients by SheaMoisture Professional

By Elizabeth Jakális January 12, 2016 | 5:00 pm EST

Like Comment f t @ g v

Share



For all clients receiving a color service, keeping color fresh and vibrant is a top priority. This is doubly important – and doubly difficult – for textured clients with hair that is typically more prone to color fading due to damage caused by chemicals and heat styling.

SheaMoisture addresses this concern with its new salon-exclusive **SheaMoisture Professional Color Care collection**. The brand's proprietary natural BaoTein Precious Oils Complex replenishes moisture and aids recovery of strength and elasticity. It preserves color by smoothing down hair cuticles and preventing washout, which helps keep color vibrant for longer. Natural plant-based sun filters also help prevent fading.

"My textured clients are subjected to more heat styling and chemical services than finer, straighter haired clients," says Celebrity Stylist **David Lopez**. "This generally makes their hair more porous and more prone to color fading than other hair types. The SheaMoisture Pro Color Care Collection has the perfect balance of color protecting and moisturizing ingredients to help balance both needs."

Texture

How-To: Keratin Care by SheaMoisture Professional

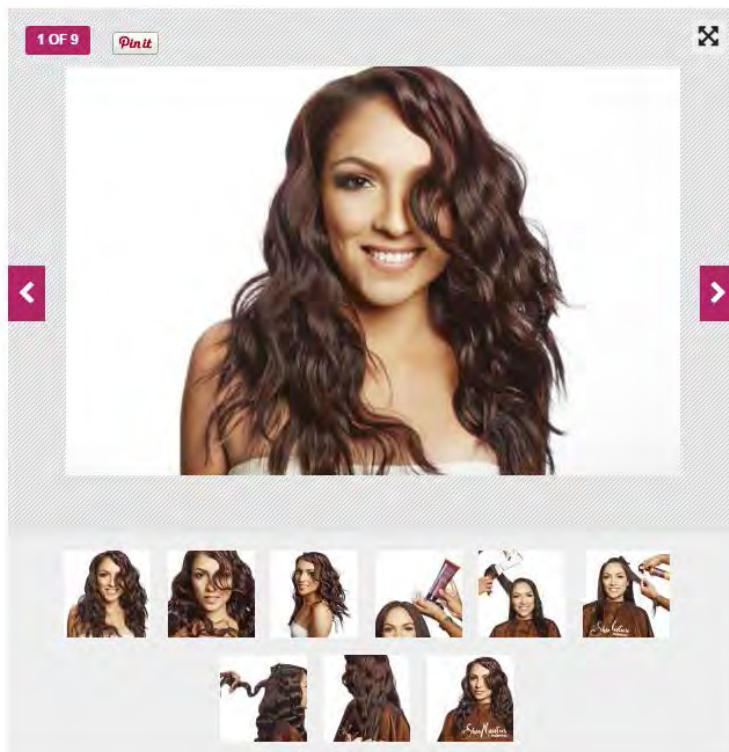
By **Elizabeth Jakaitis** January 15, 2016 | 5:30 pm EST

UPVOTE

COMMENTS

f t @ g +

PRINT



A protein found naturally in the hair, keratin treatments restore hair by infusing it with keratin and provide manageable styles to clients with unruly hair. Keratin comes into play as a liberally used frizz-controlling agent in shampoos, conditioners and styling products, perfect for clients hoping to increase their hair's manageability.

SheaMoisture's new **Keratin Care Professional** collection accomplishes this with the brand's proprietary KeraVega Monoi Oil Complex, which combines keratin with other natural ingredients that draw in moisture to help smooth and protect hair against surface damage caused by heat styling.

Here, Celebrity Stylist **David Lopez** shares with us his how-to for implementing SheaMoisture's salon-exclusive line. "This red carpet inspired hair look gives smooth, shiny hair that's full of body and life," says Lopez.

For more information, visit sheamoisture.com.

Texture

How-To: Moisturizing Curls to Lengthen and Define

By **Elizabeth Jakaitis** February 09, 2016 | 12:41 pm EST

LIPVOTE 1

COMMENTS

f t @ g+ e

PRINT

1 OF 7 Pin It

How-To: Curl Care



"The SheaMoisture Professional CocoShea BiolipidComplex Curl Care collection is the secret to frizz free, defined curls—no matter how tight or coarse! These products will leave you with shiny, bouncy, defined hair that's full without being sticky or crunchy." — **David Lopez**



Tighter curl types have a Z-type zig-zag that can be so tight that curls can shrink up to 75% of the hair's actual length. Due to the high density (number of hair strands on one square inch of scalp) of this curl pattern, many assume that the hair is coarse and strong—but in fact the strands are almost always baby fine and delicate. These kinky curls require moisturizing, so avoid shampooing every day, but use frequent deep conditioning treatments and moisture-surged leave-ins.

SheaMoisture's **Curl Care collection** includes a CocoShea Biolipid Complex that helps define and lengthen even the tightest curls to reduce shrinkage. Natural lipids sheathe hair strand to help block humidity.

Here, Celebrity Stylist **David Lopez** shares with us his how-to for implementing SheaMoisture's salon-exclusive line.

For more information, visit sheamoisture.com.

Topics:

SHEAMOISTURE

DAVID LOPEZ

TEXTURE

CURLY


POPSUGAR > Beauty > Beauty How To > How to Get Waves With a Flat Iron

5 Ways to Get Model-Worthy Waves Using Your Hot Tools



by Jessica Cruel 10/29/15

101 Shares

Like us on Facebook  258,894 people like this. Be the first of your friends.

There is only one hairstyle on Pinterest that's more popular than **braids** – and that's waves. Every woman we meet is obsessed with getting her natural texture to look like that of a carefree model. But **here's** the trick: you actually have to *work* to get the beachy texture you've added to your hair envy boards.

Yes, it's true that some women do wake up with beautiful bedhead. We fall more on the matted, tangled, knotted side of things at 6 a.m. in the morning. Luckily, a hot tool – any hot tool – can create the desired effect. Whether you're going for the **sleek, glamorous waves** you pinned from the red carpet or the reckless crimps seen on your favorite street style star, heat is the key to re-creating the style.

We teamed up with Chrissy Teigen's **hairstylist David Lopez** to demonstrate five different wave techniques, using three separate tools. So even if you only have a blow dryer and a can of dry shampoo, you can get the best hair of your life.

Technique #1: The Classic Wave



Image Source: POPSUGAR Photography / Benjamin Stone

The curling wand has become a popular method for getting loose, lived-in waves at home. But you can actually use the tool to achieve a sleeker curl, similar to what you'd see on the red carpet. A tapered wand like the **T3 Whirl Interchangeable Styling Wand** (\$270) is thicker at the base and gets smaller near the ends.

Wrap the hair flat around the cone with the roots at the base and the ends near the tip. If you don't own a wand, you can wind your hair around a classic curling iron with the clamp closed for similar results.

Technique #1: The Classic Wave



Image Source: POPSUGAR Photography / Benjamin Stone

The result is a glamorous, chunky wave that is worthy of a 1940s red carpet.

Technique #2: Bedhead Waves



Image Source: POPSUGAR Photography / Benjamin Stone

When you have **five minutes to get ready**, this is the wave technique to try. All it requires is a blow dryer like the **T3 Pro Professional Hair Dryer** (\$350)!

Split hair into two sections and twist. Your strands should be a little damp with a texturizing product like **Kevin Murphy Antigravity Texturizing Lotion** (\$30). Use the concentrator attachment to blast the twist with heat until completely dry.

Technique #2: Bedhead Waves

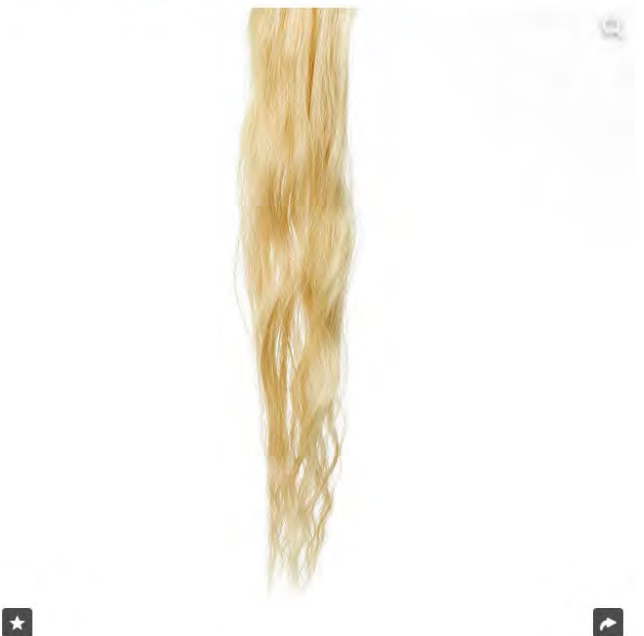


Image Source: POPSUGAR Photography / Benjamin Stone

Once you unravel the twist, your hair is left with the just-rolled-out-of-bed look. This method will help relax strands with tight, ringlet curls and add texture to **straighter hair types**.

Technique #3: Crimped Waves



Image Source: POPSUGAR Photography / Benjamin Stone

Although crimping irons went out of style back in the '90s, there is a modern way to wear ultradefined waves. Braid your hair into two pigtails, and use your flat iron like the **T3 Singlepass 2.1" Straightening and Styling Iron** (\$180) to heat the hair. Repeatedly, clamp down on the braid from top to bottom until the hair feels warm to touch. Let cool.

Technique #3: Crimped Waves



Image Source: POPSUGAR Photography / Benjamin Stone

Once you unravel the braid, you'll have relaxed waves that can still be considered grunge but with an added polish.

Technique #4: Beach Waves



Image Source: POPSUGAR Photography / Benjamin Stone

The curling wand was invented to create model-worthy waves (think: **Sports Illustrated** texture). In addition to wrapping the hair flat around the cone (see technique #1) for a sleek look, you can twist the hair first to get a more elongated, relaxed shape.

Technique #4: Beach Waves



Image Source: POPSUGAR Photography / Benjamin Stone

Add a spritz of **salt spray** or dry shampoo before you brush these waves out for a just-left-the-ocean texture.

Technique #5: S Wave



Image Source: POPSUGAR Photography / Benjamin Stone

With a little patience, you can achieve the waves of Farrah Fawcett using nothing but your flat iron. The professionals call this a positive-negative technique because you alternate the direction of your iron to get S-shaped curls. Start by taking a one-inch section and clamp the iron parallel to your face.

Technique #5: S Wave



Image Source: POPSUGAR Photography / Benjamin Stone

The result is a distinct wave that flows back and forth and looks like an actual wave.

Technique #5: S Wave



Image Source: POPSUGAR Photography / Benjamin Stone

Next, clamp the iron vertical to your face in the section just under the first indentation. Make sure to work in horizontal sections (from ear to ear). This way you can make sure the crimps line up as you go.

Technique #5: S Wave



Image Source: POPSUGAR Photography / Benjamin Stone

The finished look.

HAIR COLOR

How-to Get Chrissy Teigen's Rich, Brunette Hair Color

By **Chandler Rollins** March 02, 2015 | 3:23 pm EST

+ UPVOTE 2

COMMENTS

f t p g+ e

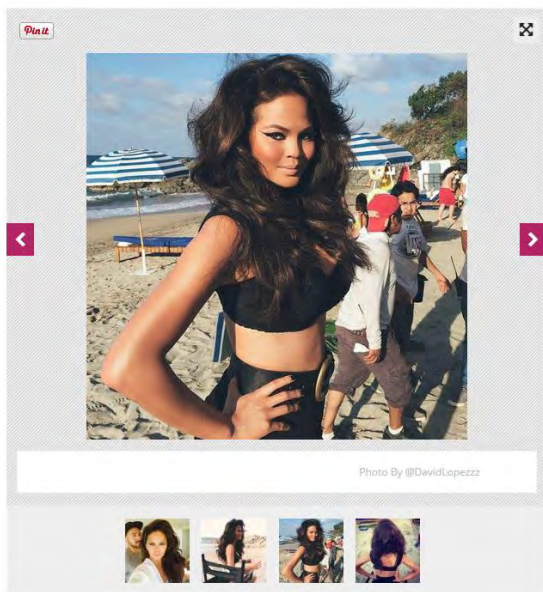


Photo By @DavidLopezzz

As flocks of celebs go lighter for spring, one dares to go bold.

Chrissy Teigen, the 29-year-old *Sports Illustrated* model and wife to Oscar-winning singer John Legend, showed off her new brown locks during a photoshoot in Puerto Vallarta, Mexico. A total contrast to the beauty's signature "bronde" waves, the vampish, dark hue drew attention from over 70,000 followers on [Instagram](#) with the caption "ARRRRR."

MODERN spoke to the mastermind behind Teigen's color transformation, **David Lopez**, T3 lead hairstylist. "Because the color change was so last minute and not meant to be a permanent change, I used a demi permanent color," he says. Lopez began by applying [Kenra's Color Demi Permanents](#) in 5NB from the roots to about half way down the hair length. He then melted a formula of 15g of 5NB with 25G of 7NB Demi on the last four inches of hair. To create added dimension, he hand painted conditioner onto pieces around the hairline and interior and left them out. At the sink, he ran the color through all of the hair for about three minutes before rinsing.

Want to create this look on your clients? Lopez has three expert tips for making the transition from light to dark hair.

1. **Pre-pigment** hair according to your final desired shade to make sure the color holds and lasts.
2. Always use a **porosity equalizer** like [Kenra Professional's Porosity Equalizer](#) to help prepare the hair to absorb color evenly.
3. Avoid **flat, overly saturated color** when taking someone from the blonde family into the world of brunettes. Mixing shades and utilizing the existing blonde will help create a natural, dimensional look that will always be flattering.

For those who are fans of Teigen's sun-kissed strands, fear not. Lopez says she plans on going lighter soon. Whether it's blonde, bronde or brown, we think the supermodel can pull off just about any hue.



beautyblitz.com / Here's The Ideal Hot Tool Temperature For Your Hair Type

Here's the Ideal Hot Tool Temperature for Your Hair Type

By KLAUDIA TIRICO / March 16, 2015

[Like](#) 6 [Pin it](#) [Tweet](#) 1

[E-MAIL](#) [PRINT](#)



By now we can all agree that all hair is not created equal. Just like your hair type determines which [shampoo and conditioner is right for you](#), your unique texture should dictate the temperature of your hot tools, too. That's right, just because your curling iron goes up to 450 degrees does not mean you have to max it out – it won't make hair curl faster or stay curled longer. (You've seen the [YouTube video](#) of the girl who sizzled her hair off during a tutorial — don't let it happen to you.) We asked [T3 Lead Stylist David Lopez](#), who's responsible for [Chrissy Teigen's gorgeous mane](#), to give us the 411 on hot tool temperatures based on hair type. Here's what he had to say.

Fine/Double-Processed

"Fine hair or hair that has undergone a double-process bleach (our super blonde friends) should always tone down the heat of their styling appliances. 350 degrees is a safe bet, but try not going above the 370 mark to ensure minimal heat damage."

Natural/Textured

"Crank up the heat if you have thick, curly, dense hair. Your initial passes can be around the 420-450 degree mark but for touch ups turn down the dial to the 370-400 mark."

Color-Treated

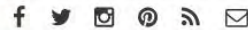
"If you're doing minimally invasive or damaging color to your hair, it's important to turn down the temperature to help retain vibrancy. This is especially important for redheads and blondes that feel their toners fade quickly. Turning your temperature down 10 degrees will help save your hair and your color."

Normal

"Any 'normal' head of hair can get away with the temperature of their flat iron staying around the 400 degree mark. Finer hair types go down 10 degrees, and more dense or coarse hair types dial up to around 410."

But the temperature isn't the only thing you should focus on when it comes to hair tools. Lopez says, "It's important that all of your heat tools incorporate ceramic and or tourmaline technology. A lot of brands use these buzzwords on their packaging to help push their product but unfortunately are getting away with cheap heating elements that are scorching your hair. Invest in a quality tool, whether you use a curling iron, flat iron, or blowdryer like the [T3 Micro Featherweight Lux2i](#). Your tools will last longer and your hair will thank you!"

And please, please, please don't forget to use a heat protecting spray. All hair types will benefit from it, but Lopez suggests a heat protecting serum for coarser hair types. "I love the [Platinum Blow Dry Serum from from Kenra Professional](#) and the [Damage Manager spray from Kevin Murphy](#)," he adds.



NEWSLETTER

Sign up to receive the latest beauty news and inspiration delivered straight to your inbox.

GO

Win it!

We're giving away free makeup, haircare, skincare, and fragrance each and every day. No strings attached »



Monday, April 06

Sexy Summer Styles

New York City hairstylist **David Lopez** shares the time-saving secrets to three looks that work for a relaxing day at the beach or a hot date night!

1

Glam Beach Waves

Camila Alves



WORKS BEST with natural waves

GET THE LOOK

1. Let your hair air dry, then create a mohawk section that starts at the middle of your forehead and goes back to the crown. Use a round brush and a blow-dryer to smooth out the mohawk section and your hairline.
2. Wrap one-inch sections from the mohawk around a large-barrel curling iron. Be sure to direct the curls back and away from your face.
3. Rub a bit of hair oil into your palms, then run your hands through the crown area before giving the ends a squeeze. Everything will blend together so you won't have to spend time curling your entire head.

TRY

- T3 BodyWaver 1.75" Professional Curling Iron, \$149; sephora.com
- Alberto VO5 Shine, Glow & Go Beauty Oil, \$5; walgreens.com



2

Textured Top Knot

Jennifer Lopez



WORKS BEST with a lot of long hair

GET THE LOOK

1. Use a brush to sweep your hair up into a high ponytail. It's a good idea to spritz a shine-enhancing spray on your brush first for extra flyaway control and a glossy finish.
2. Rub a bit of texturizing paste into your palms to help mold the shape of the bun. Gently twist large sections of hair from the pony, and use two to four long hair pins to secure them around the base. Continue twisting, wrapping, and adding stability to the bun with bobby pins (you should need only six, at the most) to create a top knot that is full of texture and looks intricate yet effortless.

TRY

- Drybar Sparkling Soda Shine Mist, \$28; thedrybar.com
- Eufora Style Piece Works Defining Fiber Paste, \$25; eufora.net for salons



3

Pumped-Up Pony

Dania Ramirez



WORKS BEST on second-day hair

GET THE LOOK

1. Use a dry texturizing spray to absorb excess oil and give your hair lift and hold. Then run a drop of smoothing serum from roots to ends to tame split ends and baby hairs.
2. Gently gather your hair into a ponytail, smoothing out the hair at the nape with a boar-bristle brush (it creates the sleekest look) but leaving texture and lift at the crown.
3. Once your ponytail is tied, use a curling wand on two-inch-wide sections to create smooth waves. Don't forget to wrap and pin a one-inch section from your pony around the base to hide the elastic.

TRY

- L'Oréal Paris Split Ends Fixer, \$7; walmart.com
- Nuance Salma Hayek Texture Enhancing Finishing Spray, \$13; CVS.com





Chrissy Teigen Has A Brand-New Look

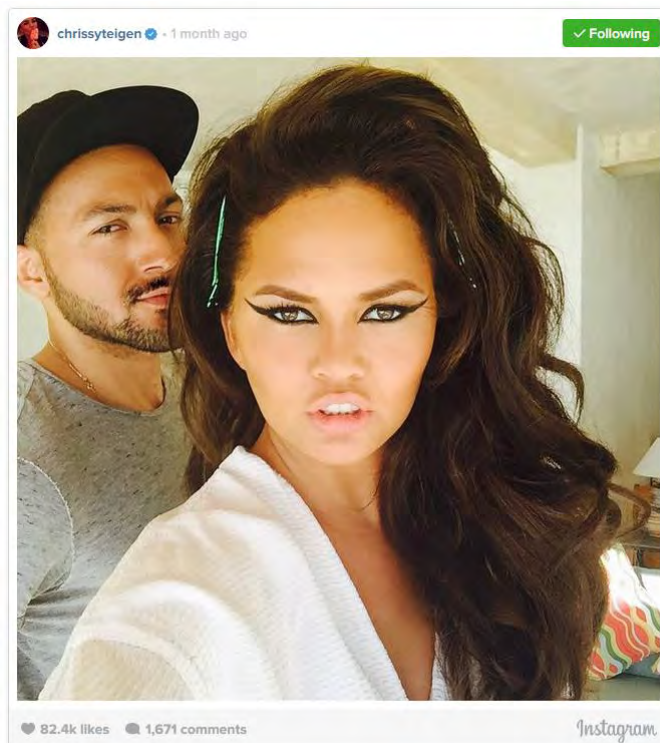


BY SARAH FERGUSON

1 MONTH AGO / NEWS

Fresh from the award season circuit (during which husband **John Legend** picked up a few statues), Chrissy Teigen has reported for modeling duty in Mexico, where she'll no doubt be posing in some bikinis.

We're not sure what exactly the shoot is for, but we do know that she dyed her honey-highlighted hair chocolate brown for the occasion. The *Sports Illustrated* model posted **a series of photos on her Instagram feed** documenting the transformation with colorist **David Lopez**. Here's the big reveal:



The rich color looks great on her, don't you think?

TEXTURE



Color Care for Curls

Maintaining vibrant color on textured hair.

By ELIZABETH JAKATIS

FOR CLIENTS investing in a color service, keeping color fresh and vibrant is a top priority. Clients who have battled natural texture through chemicals and heat styling are especially prone to color fading.

SheaMoisture's new salon-exclusive SheaMoisture Professional Color

Care collection helps preserve color by smoothing down hair cuticles and preventing washout, therefore keeping color vibrant. Natural, plant-based sun filters also help prevent fading.

"My textured clients are subjected to more heat styling and chemical services than finer, straighter-haired

clients," says celebrity stylist **David Lopez**. "This generally makes their hair more porous and more prone to color fading than other hair types. The SheaMoisture Pro Color Care Collection has the perfect balance of color-protecting and moisturizing ingredients to help balance both needs."



HOW TO



1. If your client has dehydrated or tight hair, apply BaoTein Precious Oils Complex Vibrant Color Conditioner to dry hair prior to washing.
2. Apply BaoTein Precious Oils Complex Vibrant Color Recovery Masque. Completely saturate hair and rinse until the runoff is still slightly cloudy, leaving a small amount of the mask in the ends.
3. Smooth hair with a paddle brush if not completely detangled.
4. Apply the CocoShea Biolipid Complex Curl Memory Leave-In Conditioner to large three-inch-square sections of hair. Divide each section in half and twist together. Sit under hooded dryer until completely dry and gently untwist each section.
5. Emulsify a small amount of BaoTein Precious Oils Complex Vibrant Color Clear Shine Glaze and smooth over the surface of large sections.
6. Gently pull apart sections to create fullness.

NEW YOU

THE VOICE OF HEALTH AND BEAUTY



beautyroots

When David Lopez, lead stylist for T3 hair tools, is asked to identify the most important part of a successful hair styling routine, his reply, every time, is: "Your blow dryer." Shampoo, styling creams, and brushes are big, but if you neither dry your hair correctly nor select the best dryer for your hair, the results will fall flat. Here, the keys to deluxe, do-it-yourself blow-drying.

WATCH YOUR WATTAGE

According to Fernando Romero, CEO and founder of the Bio Ionic line of hair tools, the most costly mistake women make is going for a high-wattage dryer, thinking it's best because it dries hair rapidly. In reality, it dehydrates hair and

makes it brittle. Instead, look for something in the 1400 to 1875 watt range. Keep in mind: If you're using your hair dryer solely for bangs or setting curls, go for a lower number.

INVEST IN TECHNOLOGY

Sure, the \$25 dryer at your drugstore looks passable. But long-term damage to your lustrous locks is a high price to pay, versus a reasonable investment in your hair's health. "A bad hair dryer can literally fry your hair," notes Romero. "You may blame your shampoo, styling products, or hair stylist but if your hair's not holding up, you should look at your dryer."

Regular dryers use a hurricane-like, chaotic wind flow which damages the cuticle and can cause split ends, frizz, and fly-aways, explains Lopez. They also emit an

unhealthy level of heat, without technology to mitigate the damage. A well-made hair dryer—such as those from T3, Bio Ionic, or CHI, cost within the \$200 range but you'll notice a difference almost immediately. Each

electric magnetic fields (EMF). Other buzz words: Ionic, which creates negative ions to smooth hair and lock in moisture, and tourmaline, which magnifies ionic technology for faster drying and more shine.

if hair's not holding up, you should look at your dryer

boasts its own science, meant to seal moisture into the cuticle rather than dry it from the outside-in.

Look for ceramic heating technology, which produces moist heat that won't dry locks, says Lisa Marie Garcia, VP of Shows & Education for Farouk Systems, the makers of CHI. She suggests buying a dryer with "far infrared," which is safer for the environment and reduces

CONSIDER YOUR HAIR TYPE

Not all hair is created equal. Heat levels should be adjusted to suit hair's texture and condition. High heat is best for thick or coarse tresses; low settings are best for thin or fragile hair. Chemically treated hair should also be kept at a lower wattage to retain color.

LIGHTEN UP

Consider something lightweight to ensure

comfort as you style and dry. Also get something quiet, so that no one else's slumber will be disturbed as you style.

DRY RIGHT

The right product is crucial, as is your drying technique. Towel blot hair post-shampoo to remove excess water. Consider the dryer temperature and speed that's best for you—low heat and speed for fine hair, medium or high for thick, coarse hair.

To avoid any over-drying, keep the dryer at least eight inches from your hair. Blow dry from roots to ends using either a round or paddle brush. Romero advises starting from the back to the front, drying your head 75 percent before styling with a low setting. Seal hair with a stream of cool air to lock in your great look, give you bounce, and maximize your shine. ☺

Bio Ionic 10X Dryer

Nanolonic mineral technology makes this dryer ideal for smoothing and shining hair. At less than 1 pound, this ionic dryer is also very "green" with a brushless motor that uses 75 percent less energy than average dryers (\$329. ulta.com).

CHI Touch Screen Dryer

Four screen options make it easy to choose temperatures, speeds, and ions. Like all CHI blow dryers, it features low EMFs meaning it's safer for the environment (\$200. ulta.com).

T3 Featherweight Luxe 2i

This ionic, tourmaline powerful blow dryer slashes dry time in half without doing damage. Its proprietary infusion process cancels static and seals the cuticle, helping hair retain natural moisture. It's also light and quiet (\$250. sephora.com).



Chrissy Teigen's New Dramatic Dark Brown Hair Is Her Sexiest Look Yet

1 month ago by Elizabeth Licata | 4 Comments | Share a Tip



LOOK WHAT IS HAPPENING

45.9k likes 948 comments

Instagram

Chrissy Teigen, Twitter's funniest model by far, just stunned everyone by trading her trademark sunkissed blonde/brown hair for a dye job so dark it's practically Kardashian, and she still looks amazing.

(Related: *We Met Chrissy Teigen Last Night And Yes, She Is Just As Pretty And Funny In Real Life*)

Teigen was at the Oscars this week with her hair looking shiny and gold and perfect. But today she posted a photo to Instagram indicating that all that pretty blonde shimmer was soon to shuffle off this mortal coil.

"LOOK WHAT IS HAPPENING," she posted to Instagram alongside a photo of her in a salon chair with her golden hair covered in thick, dark goop. She had her face covered with a towel, so it's not clear if she was nervous or excited, but later that day stylist **David Lopez** posted a photo that revealed the final transformation, and it was pretty amazing:



Took @chrissyteigen back to the dark side! #impulsivetendencies #davidlopezhair #fasterkillpussycat #hairgoals #sometimesacolorist #lovekevinmurphy #hairesort #t3micro #showbeauty

4,096 likes 217 comments

Instagram

"Took @chrissyteigen back to the dark side," he said.

Teigen's voluminous mane of dark brown hair is so glamorous. Paired with the heavy winged eyeliner and the black bikini, Teigen has a cool, sexy, **Gina Lollobrigida** thing going on. (Lopez cites *Faster Pussycat Kill Kill* as an inspiration for the look, and the comparison is certainly apt.) It's a great look, and personally I hope she keeps it for a while, because I can't wait to see how the new hair color changes her red carpet style.

Photos: Instagram

POPSUGAR > Beauty > DIY Beauty > Dutch and Fishtail Braid Tutorial

This Part-Dutch, Part-Fishtail Tutorial Will Cause Major Braid Envy



by Jessica Cruel 6/15/15

291 Shares


Like us on Facebook  140,192 people like this. Be the first of your friends.[< PREVIOUS](#)PHOTO 1 OF 12 | [View On One Page](#)[NEXT >](#)

Image Source: POPSUGAR Photography / Benjamin Stone

The best thing about festival season isn't the exclusive concerts or the chance to travel. No, every beauty-lover knows a weekend of music equals an all-out braid love fest. We enlisted the help of T3 stylist and Chrissy Teigen's mane man, **David Lopez**, to create an epic two-part plait perfect for a night jamming out to Drake or Deadmau5. From one side it looks like a **classic fishtail braid**, but a quick twirl shows there is actually a dutch braid on the other side (can you say two-faced?).

This plait is perfect for the indecisive woman who has trouble making tough beauty choices, and it works best on dirty, second-day hair – just dust your strands with dry shampoo before you style to get a good grip. Plus, we break down the fishtail braid step by step because no matter how many video tutorials we watch, it's still so hard! Just add a **flower crown** and **temporary tattoos** to complete the bohemian vibe.

HAIR CUTTING

Golden Girl Overview...Behind The Scenes

By **Maggie Mulhern** April 16, 2014 | 3:30 pm EDT

LIPVOTE

COMMENTS

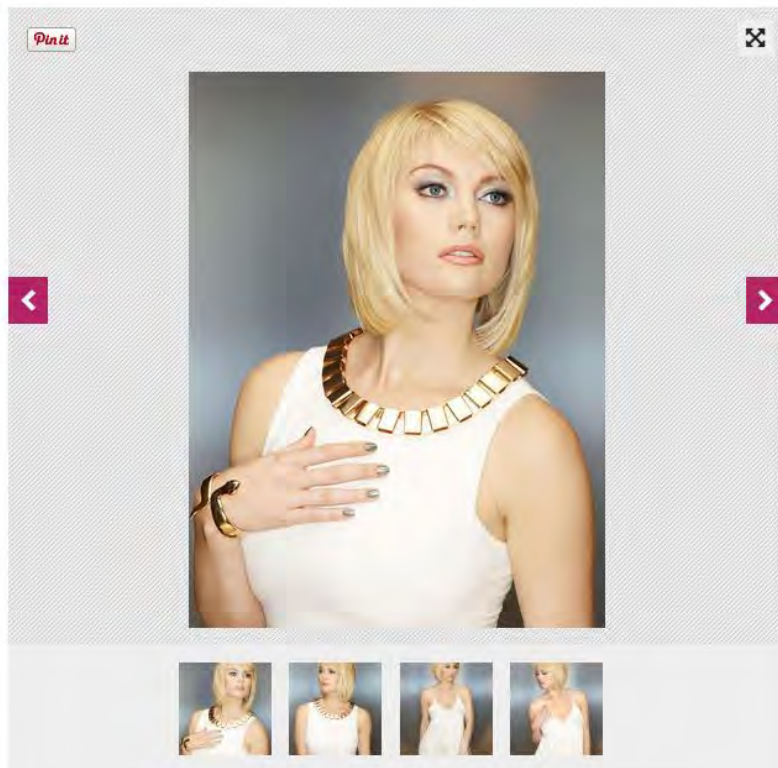
f

t

p

g+

✉



Robb Dubre and **David Lopez** put a lot of effort and skill into creating a golden blonde, nicely textured finish for their [April 2014 feature](#) in MODERN SALON magazine.

"There's a fine line between yellow and contrasting golden blonde," says Dubre, Senior Artistic Director for [Kenra Professional](#). "By using pivotal slices within circles, I can create a melding of contrasting blondes."

For stylist David Lopez, the goal was to create a nice weight line by following her neckline to add density to the perimeter. "I opened the fringe to open the face with diagonal sections, all cut on an angle for versatility," he adds.

Check out this short video to get an overview from each artist, including color (formulas!), cut and style.

Hair Alert: Chrissy Teigen Went Brunette And We Love It

» By [Danielle Kwateng](#) | February 26, 2015 6:20 pm

Tags: [Chrissy Teigen](#)



Chrissy Teigen has no filter. We all are well aware of this. But on a far more innocent note, the model shared her transformation from blonde to brunette on Instagram. What appears to be for a photo shoot in Mexico, the 29-year-old dyed her hair a rich brunette lifted with streaks of honey blonde. A natural brunette, the look gives the beauty a more intense look that we love. Oh, and a good cat eye goes a long way.

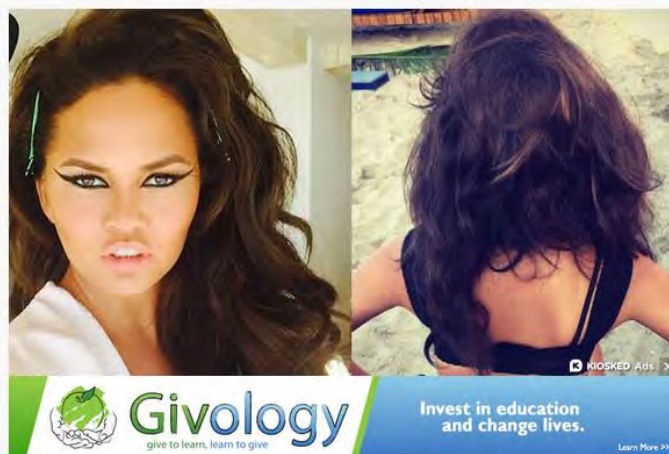


Photo: Instagram

The color was achieved by hairstylist [David Lopez](#) who noted, "Behind every great brunette there's a Puerto Rican hairdresser. @chrissyteigen" Teigen is Lopez's main celebrity client, working on editorial models. But back to Teigen. The model has a busy month dividing her time between award season in Los Angeles to support her husband, John Legend and Miami for a food festival. As reported by *PEOPLE*:

The Secret to Lived-In Waves

Somewhere between the [Kim Kardashian](#) and the Gisele is the Chrissy Teigen—the perfectly smooth, not too messy, not too glossy cool-girl waves we've been waiting for. T3 stylist [David Lopez](#) tells us how to get them.

BY AMBER KATZ



MORE ON HAIR

- [How to Get Every Type of Wave](#)
- [How to Get Surfer-Girl Hair](#)
- [6 Ways to Make Waves](#)

than the last," he says.

MIND THE GAP

The defining characteristic of [cool-girl hair](#)? A center part. "A side part immediately makes you look like you did your hair," explains Lopez. "Don't do a clean center part; make it look a little more messy—that's the key to making it look as natural as possible." And take the part back only a few inches or it can make your hair look flat.

FRESHEN UP

Finish your blowout with a blast of texturizing spray (like [Garnier Fructis De-Constructed Texture Tease](#)). And if you're a few days into it, refresh the roots with [dry shampoo](#) and recur just the roots and midlengths.

POLISH THE ENDS

It's easy to achieve tousled texture by leaving your ends out, but what if they're due for a trim? Instead of sealing them with a flatiron, Lopez likes to take a large-barrel curling iron, like the [T3 BodyWaver](#), and "just barely touch the ends [with it] to give a little bit of polish to them." Then run some lightweight styling oil (like [Paul Mitchell Marula Oil Rare Oil](#)) through them until you can get to the salon.

PREP

Work volumizing serum (like [Kevin Murphy Anti Gravity](#)) through damp hair and blow-dry it smooth with a nylon or boar-bristle paddle brush. If your hair is superfine, use a lightweight thickening spray (like [Nexus Hydra-Light Weightless Moisture Root Lift Mist](#)) instead. Or if your hair is curly, use a boar-bristle round brush to pull it semistraight.

CURL RIGHT (AND LEFT)

If your hair is longer than your collarbone, pick up a one-inch iron; short-haired ladies should opt for a one-and-a-quarter-inch barrel to avoid Shirley Temple spirals ([T3 Whirl Trio Interchangeable Styling Wand](#) has both sizes). And this is really important: When you wrap a one-inch piece of hair around the barrel, start at different levels around the midlength, leaving out the first few inches from the roots and the last few inches from the ends. "One section you'll start right at the middle; the next section you might start a few inches from the root," says Lopez.

SWITCH DIRECTIONS

So that the effect doesn't veer too Veronica Lake (a pretty look, but not this one), Lopez recommends alternating direction with every curl. You can also switch up the size of sections of hair your grab. "Make every third piece a little bit smaller or bigger

Parents®

healthy kids, happy families

you ● looking good

➔ How to Create Beachy Waves

New York City hairstylist **David Lopez** shares the secrets to creating this perennially popular style in a few simple steps.



1 While hair is damp, part it down the middle to create two even sections. Then add texture by spritzing a sea-salt spray from mid-lengths to ends.



2 Use your fingers to tightly twist both sections of hair. Then blow-dry them while holding the ends to keep their shape.



3 Once hair is dry, use a curling wand to define the waves just in the places people will notice: along the hairline and front side sections. Be sure to wrap the hair around the wand going away from your face. That's what creates those beautiful "S" curves, Lopez explains. Gently comb your fingers through your hair to blend the waves together. Finish with a misting of shine-enhancing spray.

GET THE LOOK!

Suave Professionals
Sea Mineral Infusion
Texturizing Sea Salt Spray,
\$6; drugstore.com

★ T3 Whirl Trio Interchangeable
Styling Wand (shown at right),
\$230; shopt3micro.com

L'Oréal Paris Nutri-Gloss
High Shine Glossing Mist,
\$7; walmart.com



↓
**OST A
ASH!
OOKY
GREAT
S AND
EVER
TUMES**

Enter
to **WIN** a
\$25K
Nest Egg!
p. 136

**OMS
ONEY
INIC
MART
BOUT
SAVING**

Parents

healthy kids, happy families

you ● looking good

➔ How to Build Volume Into Your Hair

Making a few simple tweaks to your blow-dry routine will reap big rewards. **Lopez** shares his foolproof process.



GET THE LOOK!

Olivia Garden EcoCeramic Round Brush, \$33; ulta.com

★ Living Proof Instant Texture Mist, \$26; livingproof.com



1 While hair is damp, mist a texture-enhancing spray throughout. Brush your hair opposite your part to lift the roots as you do a cursory blow-dry.



2 Take a section of hair from the crown and blow-dry it smooth using a round brush. Pin-curl it while you work on the rest of your hair.



3 Wrap 2-inch-wide sections of hair around the brush. To create fullness, let the heat sit on the brush for a few seconds before releasing the hair. Repeat throughout. Then take out the pin curl and shake it all out.



Win \$1,500 In Beauty Loot

We're showing our support of National Beauty Month, and 10 lucky winners will receive the glamorous set of goodies at left. What does it include? 34 prize products from the 2015 Cosmetic Executive Women Insiders' Choice Beauty Awards, considered the beauty biz's highest honor. For the list of products and sweepstakes details, turn to page 159.

ST A
ASH!
OOKY
GREAT
S AND
EVER
UMES

Enter
to WIN a
\$25K
Nest Egg!
p. 136

OMS
ONEY
INIC
MART
BOUT
SAVING

Breaking Hair News: Chrissy Teigen Goes Back to the Dark Side



By: Kaitlyn Laurie / February 26, 2015

Chrissy Teigen has gone to the dark side. She's really excited about it, we're really excited about it, everyone on Instagram is really excited about it.

The 29-year-old swimsuit model posted a pic of the transformation (the above photo) to her Instagram, captioning it "LOOK WHAT IS HAPPENING".

Teigen looked glam as a dirty blonde at the **Oscars** last weekend with hubby **John Legend**, and now she's dark dark dark on set of a photo shoot in Playas de Sayulita, **Mexico**.

And she looks absolutely stunning in this pic hairstyle **David Lopez** posted of her, captioning it in part with the hashtags "#impulsivetendencies", "#hairgoals" and "#sometimesacolorist".

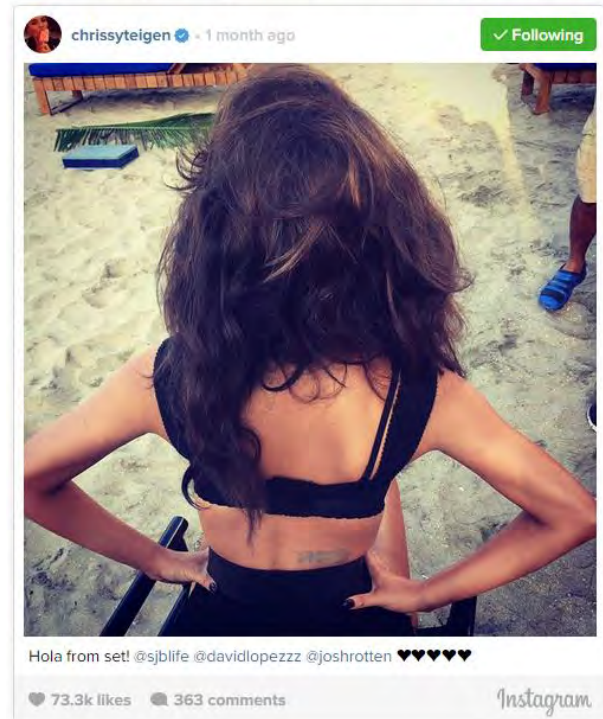
OSCARS 2015 - THE PERFECT COUPLE



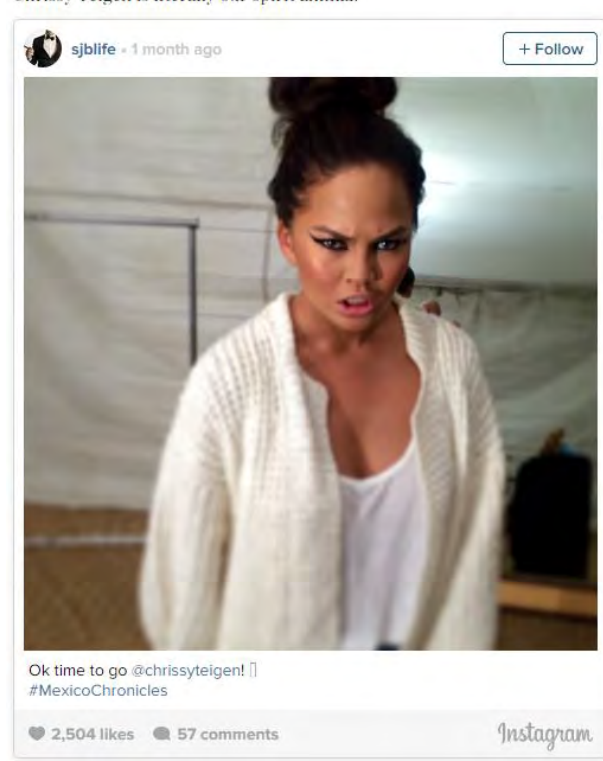
Chrissy Teigen Avoids Crying on Camera, Shares Adorable Moments With Hubby **John Legend** [MORE >>](#)

Hair goals indeed.

The bombshell posted this pic of her full-on brunette locks, writing "Hola from set!"



Chrissy Teigen is literally our spirit animal:



Utter. Perfection.



SUMMER beauty



BYRDIE

SHOP NEW!

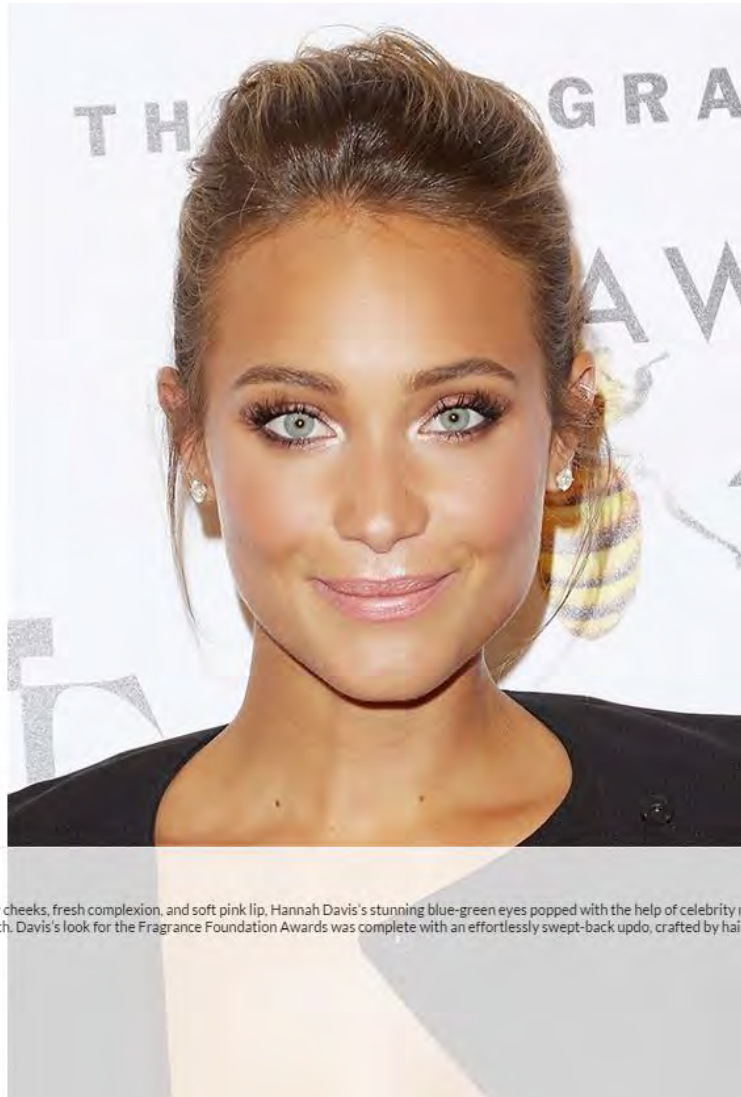
HAIR

SKIN

MAKEUP

HEALTH

HOW-TO



VIEW ALL



Hannah Davis

Complemented by her rosy cheeks, fresh complexion, and soft pink lip, Hannah Davis's stunning blue-green eyes popped with the help of celebrity makeup artist Robert Sesnek's magic touch. Davis's look for the Fragrance Foundation Awards was complete with an effortlessly swept-back updo, crafted by hairstylist **David Lopez**.

PHOTO CREDIT: Getty Images



3/7

Lipstick

SKIN HAIR MAKEUP NAILS FRAGRANCE GLAM BELLEZA LATINA SPRING BEAUTY TRENDS RED CARPET BEAUTY

The World Is a Different Place Today—Chrissy Teigen Has Dark Hair

BY PETRA GUGLIELMETTI • FEBRUARY 26, 2015

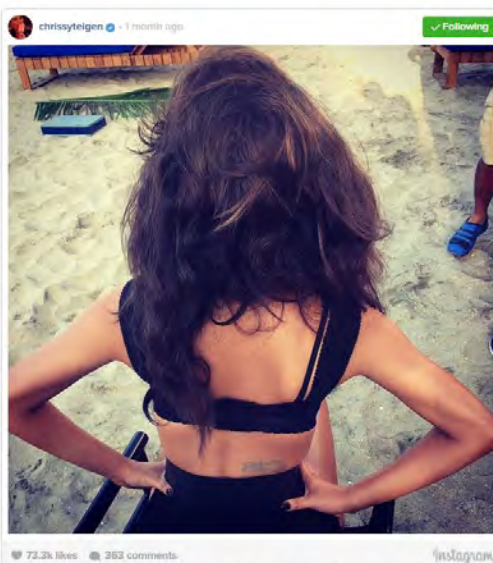


A cosmic shift has happened in the celebrity beauty universe—Chrissy Teigen is blond no more.

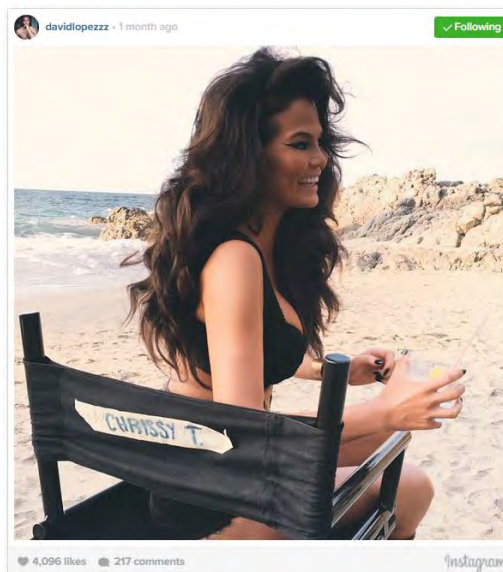
She dyed her golden-highlighted strands back to solid, deep brunette last night while giving her Instagram followers peeks of the process, starting with this preview shot. "Look what's happening!" she captioned it.



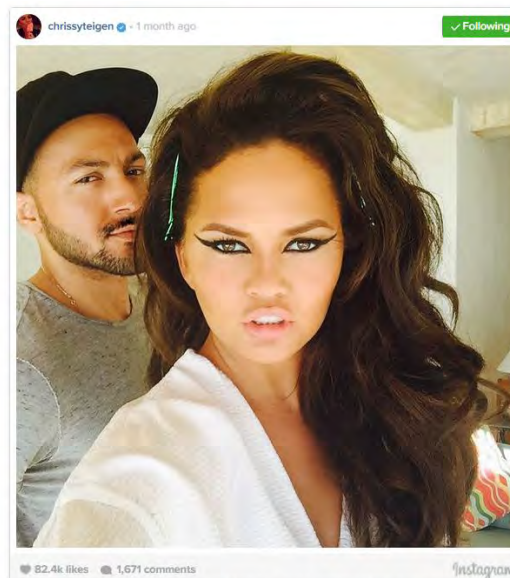
Then came this coy back-of-head teaser.



Finally her colorist, [David Lopez](#), posted the big reveal—and, oh my goodness, was it worth all the suspense.



And here's Chrissy's official "after" shot.



Wow! That's some crazy sexiness right there. While Chrissy had dark hair when we first came to know her as a *Sports Illustrated* swimsuit issue star, she's continued to add more and more blond highlights during the years we've followed her, and we've gotten used to her having a golden mane. This new hair color might even be a couple of shades darker than her natural hue, and that thick winged eyeliner is really adding to the makeover's dramatic impact.

What do you think? Loving this hair color change on Chrissy Teigen, or do you prefer her as a blond? Let us know!



STYLED BY

DAVID LOPEZ

NEW YORK

AGENCY: NEXT ARTISTS & FORD

T3 Lead Stylist, **David Lopez**, is a rising session and celebrity hair stylist based in NYC. David has lived all over the world and learned at an early age to appreciate the beauty of different cultures and hair types. He started out studying film but quickly transitioned to his true passion, beauty school. David was trained in the French technique of hair cutting and educated by Aveda, Goldwell, Redken & Wella, before going to work for New York's top salons, Mercedes Benz Fashion Week and today's most prominent magazines. Equally comfortable in front of the camera and behind the scenes, David's expertise is sought after by media outlets the world over from national television to web series. David is known on set as being creative and always enthusiastic, with an infectious passion for his craft. He is represented by NEXT Artists in NYC & FORD Artists in Miami.



BODYBUILDER WAVES

This season is all about big, loose, voluminous waves that look natural and effortless, but still polished. T3 has created two new tools which I absolutely love, because they make creating this trending look fast and easy. The key to this style is waves that start lower down the hair section (at lip to chin level), which adds incredible body and movement to the bottom half of the hair.



- 1 Start by prepping hair with your favorite body building product (Mousse, Thickening Spray, Texturizing Spray), then rough dry hair until it is 100% dry.



- 2 Divide hair into four sections. Start with your part, divide hair all the way to the back and split into pig tails. Split those pig tails into two sections divided from the top right behind the ear.



- 3 Using the T3 Micro BodyWaver wrap 1" sections of hair flat along on the barrel, then gently unwind into a long coil. Pro Tip: Curl all hair with sections being fed over the barrel and towards the face, as pictured. This ensures perfect symmetrical waves on both sides.



- 4 After allowing coils to cool, gently rake through hair from roots to tips with a large comb or your fingers. Detail the crown and neckline with the T3 Whirl Trio Interchangeable Wand using the 1" barrel attachment. Gently wrap 1/2" sections away from the face to create more texture and polish.

- 5 Finally, spritz on your favorite texturizing spray.





by [fashion360mag.com](#) on February 11, 2015

👁 230 Views | ❤ Like

Get Chrissy Teigen's Look









 Share

By: David Lopez, T3 Lead Stylist, NEXT Artists

T3 Lead Stylist, [David Lopez](#) shared with Fashion360 Chrissy Teigen's hairstyle how-to from last night's Sports Illustrated Swimsuit Launch Party. David will be working with her the remainder of the week and will be providing how-to's from Swimville, which is taking place in Nashville. Also, feel free to follow David's Instagram accounts, [@DavidLopezHair](#) and [@DavidLopezzz](#) for continuous looks, tips, tricks and BTS images.

The Look: Unkempt, "just out of the ocean," beachy waves.

Step-by-Step

1. David prepared the damp hair with Kevin Murphy Anti-Gravity Texturizer and Hair Resort Beach Texturiser Spray, then completely rough dried the hair using the T3 Featherweight Luxe 2i Dryer allowing the part to fall naturally.
2. He then curled the hair from root to mid-shaft using the T3 Whirl Trio Interchangeable Styling Wand with the 1" barrel ensuring to leave 4" at the bottom creating a "ropey wave."
3. David then created alternating bends to the untouched bottom of the hair using the T3 BodyWaver 1.75" Styling Iron.
4. To finish, David used the T3 BodyWaver 1.75" Styling Iron to smooth out the fringe at the front of the head, raking through the entire look with his hands, then sprayed the entire head with Kevin Murphy Shimmer Shine spray.

Tools used: T3 Featherweight Luxe 2i Dryer, T3 Whirl Trio Interchangeable Styling Wand with 1" barrel, T3 BodyWaver 1.75" Styling Iron









 Share

CANADA
E L L E

come inside
#ELLECANADACLOSET



HOME FASHION BEAUTY CLOSET CELEBRITY LIVING RELATIONSHIPS VIDEO HOROSCOPE SHOP **BLOG**

the ELLE WORLD

All Posts Style Snaps Object of desire Beauty Culture Events Fashion Trends

Beauty

UPDATED: CHRISSY TEIGEN HAS GONE OVER TO THE DARK SIDE

February 26, 2015, 12:37 pm by Victoria DiPlacido

f Like

3

t Tweet

5

g +1

11

Pinterest

Share

(1) Comment



Chrissy Teigen as a blond (Image: Instagram/ChrissyTeigen)

Chrissy Teigen, queen of Cali-style beachy waves, has gone over to the dark side. Her once highlighted blond hair is now a rich brunette. **David Lopez**, Lead Stylist for T3, tells us about the new look below.



Chrissy Teigen as a brunette (Photo: Instagram/DavidLopezzz)

What was the inspiration for the look?

David Lopez I'm currently on location with Chrissy and in discussing the overall look for the shoot, we thought going darker would create a vampier look. We wanted her to feel like a modern day Bond Girl. We felt the dark hair was sexy and strong. The style needed to have a nod to the retro era that inspired the look.

I prepared her damp hair with Kevin Murphy Hair Resort Spray and Show Beauty Luxe Volume Mousse, then rough-dried it completely dry with her head upside down for max volume. I then used a round boar bristle brush to smooth out her hair.

From there, I set her hair by flat wrapping large sections of hair around the 1.5" barrel of the T3 Whirl Trio Interchangeable Barrel Styling Wand. Once cooled, I let it down and back-brushed all of her hair to create fullness and smoothed out the outer layer with a fine tooth comb. I detailed the hair with the 1" barrel of the T3 Whirl Trio Interchangeable Barrel Styling Wand to create more bend and a stronger wave. A good tip to create extra fullness is to curl your hair towards your face on the sides, and the opposite way it's going to fall on the top.

What was her reaction to the colour?

DL: She loved it. She liked that it felt natural and still had a lot of dimension.

Do you know if she plans on keeping it dark? Or is the look just for the shoot?

DL: We went this dark specifically for this shoot. She won't stay as dark as this, plans on going just a little lighter.

How hard was it to take her hair from blond to brunette? Did it require multiple processes?

DL: Because she has extensions I had to formulate appropriately. I used three different shades with a darker shade at the top. I left out some of the blond in the crown and interior to create dimension and tones those to a dark blond so the color didn't feel flat.

READ MORE

How to get Chrissy Teigen's beachy waves
Oscars 2015: All the red carpet beauty looks
The best celebrity hair transformations
Beachy waves: the celebrity edition



MIXED MAKEUP

HOME BLOG VIDEOS ABOUT CONTACT Q

Buy the Expensive Blowdryer. It's Worth It.

by Anna Fryxell. Posted on November 10, 2014



I owned a fancy blowdryer once. It broke just a few weeks ago. But with my loss came an interesting discovery: An expensive blowdryer really can make a difference. Before this, I thought, "a blowdryer is a

I was forced to switch to a cheap, drugstore blowdryer I kept in my closet for Pinterest DIY projects (that's another story), and of course, in the event that I needed a backup for my hair. Perfect. Then five minutes into my blow-dry, I realized I couldn't get my hair as straight and as styled as usual. What would normally take 30 minutes, turned into an hour. And after the blow-dry/workout session, I also had to go through my hair with a flat iron to smooth it. That is unacceptable in my book. But before I could fork over my hard-earned cash for a professional blowdryer, I had to find out why there's such a difference.

I turned to T3 Lead Hairstylist [David Lopez](#) for his thoughts on the matter because they make some of the best hair tools around.

He says, "Whenever I'm asked what the most important part of a successful hair styling routine is, I always have the same answer: your blowdryer. I always recommend investing in a professional quality hair dryer over a drugstore."

He says there are two main reasons why the blowdryer you use matters. First, professional blowdryers are made to last. High-end brands spend time and money to bring you the best tools possible. Take their Featherweight Luxe 2i dryer, for example. "T3 [built it] from the ground up, taking into consideration engineering, technology and design. The motor is lighter, lasts longer and is ultimately more effective than anything you can find at your local drug store. It's made to withstand professional level usage so you won't be replacing it in a couple of months."

The second reason: you get what you pay for. "We hear a lot about ionic, [ceramic and tourmaline] technology and unfortunately many drugstore brands use these buzzwords without actually implementing the technology or its benefits into their own tools. A professional level hair dryer will deliver this technology more effectively, which will increase its benefits for the consumer."

And while \$250 can seem like a hefty price tag, a quality blowdryer will cut down your styling time and will last for years (unless you drop it repeatedly like I did). Over time, you'll probably end up saving money because you won't have to replace it every few months, or give up and drop the money at a blow-dry salon.

So instead of suffering through a couple more shoddy blowouts, I'm off to buy another quality blowdryer and, let me tell you, it will make my life so much easier. If you haven't already, make the switch. You can thank me later.

TEXTURE

HOW TO: Victoria's Secret Beachy Waves

By **Maggie Mulhern** January 16, 2015 | 10:47 am EST

UPVOTE 1

COMMENTS

PRINT



Chrissy Teigen's Victoria's Secret Waves

Freelance stylist **David Lopez** has oodles of celebrity clients, many of them **Victoria's Secret** models. Professional hairdressers are constantly asking how he creates the effortless waves on one of his favorites, **Chrissy Teigen**. Here, he shares how to create the REAL Victoria Secret's waves.

In this two minute video, Lopez demonstrates the perfect wrap, direction and elevation using the T3 1-1/2 inch Twirl.

His tips include:

1. Wrap horizontally for more volume.
 2. Use as much of the barrel as possible, wrapping from top to bottom.
 3. Leave out the last inch (to 1 1/2 inch) of the hair for an effortless look.
 4. Untwist rather than unclamp (to offer a "ropier" wave with less volume).
 5. Feed the ends toward the face with the hair on TOP of the barrel.
- ("Much more modern, less Farrah Fawcett.")

**WATCH THE VIDEO:**



REFINERY29



SIGN IN

FASHION BEAUTY LIVING WELLNESS ENTERTAINMENT LOCAL NEWS SHOPPING

No More Bronde Hair For Chrissy Teigen

25 COMMENTS

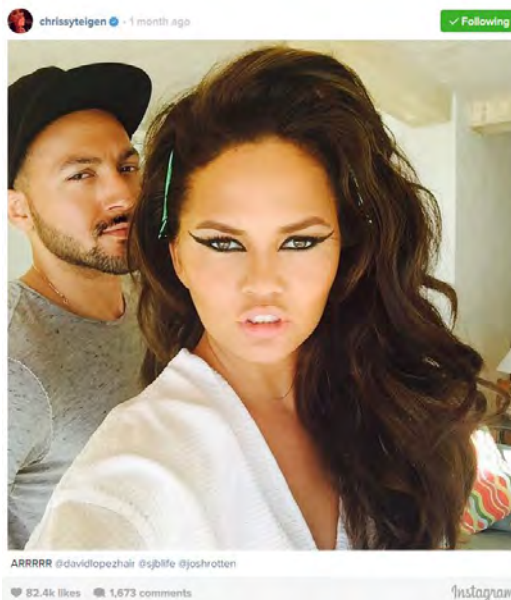
FEB 26, 2015 11:10 AM
TAYLOR BRYANT

822



If we've learned anything from following Chrissy Teigen on Instagram and Twitter, it's that she, frankly, doesn't give a damn what you or I think. Homegirl is living her life as she sees fit, which is evident from posts of her [stuffing her face at the Super Bowl](#), and of her hubby, John Legend, [frisking her at the Oscars](#). And, well, isn't that why we love her so much?

So, when she posted the above photo to her Instagram yesterday, it didn't really faze us. In it, Chrissy is seen getting her locks dyed a dark shade of brown. With spring right around the corner, most ladies are going lighter. But, it *is* Chrissy we're talking about here, and she's never really been one to follow the crowd.



We have to admit, when we saw this picture, we had a lot of conflicting feelings. On one hand, she looks like a total bombshell. (Duh.) But, on the other, we kind of miss her Goldilocks strands. The *Sports Illustrated* model looked smoking with highlights, ones that most women could only dream of. She's even known for helping start a new color trend: [bronde](#).

We spoke with the man behind her new hue, T3 lead hairstylist [David Lopez](#), on the inspiration behind the look. "We thought going darker would create a vampier look," he says. "We wanted her to feel like a modern-day Bond girl."

Want to create her retro-inspired look at home? Lopez started out by prepping the hair with [Kevin Murphy Hair Resort spray](#) and [Show Beauty Lux volume mousse](#). He then rough-dried it, with her head upside-down, for maximum volume. To create the curls, he flat-wrapped large sections of hair using the 1.5-inch barrel of the [T3 Whirl Trio Interchangeable Barrel Styling Wand](#). He then back-brushed the hair, for added fullness, and finished it with the 1-inch barrel to create a stronger wave.

Lopez *did* mention that Chrissy's locks won't stay this dark — she has plans to go a little lighter soon. So, even though we're not the biggest fans of the color switch-up, and prefer the sun-kissed hair of yesteryear, we're just going to hold our tongues and smile through it. We're pretty sure that's what she'd want us to do, anyway.



AVON you make it BEAUTIFUL



Shop Now

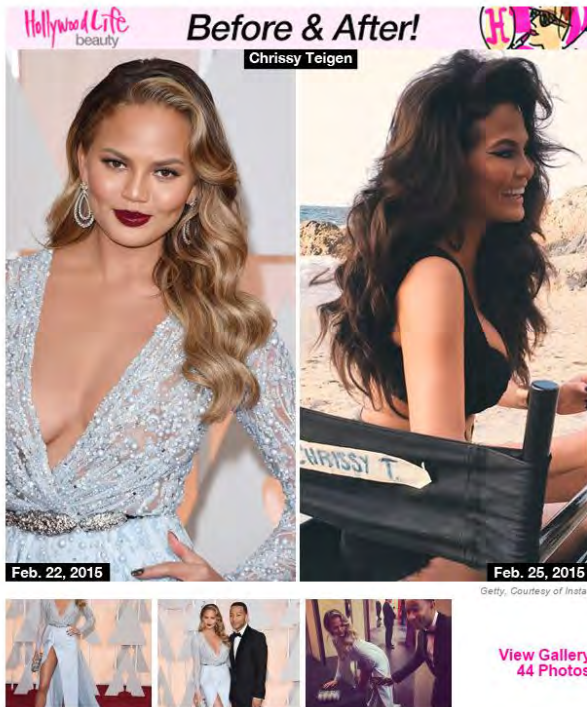


Refinery29 Beauty
Like 696,298

Chrissy Teigen Dyes Hair Dark — See Her Makeover



Thu, February 26, 2015 11:03am EDT by [Dory Larrabee-Zayas](#) 5 Comments



Getty, Courtesy of Instagram

[View Gallery](#) 44 Photos

Chrissy has gone to the dark side! She dyed her hair dark before a new photo shoot on Feb. 25. See her transformation below!

Chrissy Teigen is one of the world's most beautiful women, so she can pull off any hairstyle! At the Oscars on Feb. 22, she rocked **golden blonde highlights**, and now, her mane is totally dark! Do you love her hair makeover?

Chrissy Teigen Dyes Hair — Dark Brown Makeover On Instagram

Chrissy teased her dye job on [her Instagram](#) on Feb. 25, showing off her saturated strands, writing: "LOOK WHAT IS HAPPENING." Later in the day, she posted a shot of the back of her head, with her new, dark hair super teased and glam. She wrote: "[Hola from sell!](#)" and tagged her hair and makeup artists.

Her hairstylist **David Lopez** posted a **stunning picture** of Chrissy on the beach set, writing "Took @chrissyteigen back to the dark side."

He also hinted that he used **Kevin Murphy's Hair Resort** and **T3 hair tools** for her retro glam look.

Chrissy was photographed in short black shorts and a black bra.

Her eyes were lined in a dramatic cat eye with a large wing. Her lips were kept neutral. This is our favorite makeup ever on her — so sexy!

Chrissy Teigen In Mexico

I'd like to have Chrissy's job since her "set" is a beach in Sayulita, Mexico! We know she works super hard, but we envy her office, that's for sure!

Do you love Chrissy's dark hair makeover? Tell me in the comments below.

— Dory Larrabee-Zayas



Kevin Murphy \$36.66



T3 Tourmaline \$149



On the Runway

ALL THINGS FASHION

Oil Slick: Serums for Sleek Summer Strands

By ANDREA ARTEBERY JUNE 12, 2012 2:44 PM 2 Comments

Many people don't realize that the sun can wreak as much havoc on their hair as their skin.

"The UV light damages your hair," said Dr. Debra Jaliman, a New York dermatologist and author of "Skin Rules." "It breaks the chemical bonds, which causes split ends and makes hair more susceptible to breakage."

David Lopez, a hairstylist in New York who has worked with many celebrities, said that sun exposure can also lead to "dryness, frizz and even cause hair color to fade if you dye it."

Perhaps counterintuitively given that hot, humid weather can result in lank strands, oil-based emollients can help protect hair throughout summer, as well as facilitating the wet look that was seen on many [spring runways](#). Here are some hair oils currently on the market.



Kérastase Paris Soleil Huile Celeste.



L'Oréal Professionnel Mythic Oil.

Kérastase Paris Soleil Huile Celeste (\$39, kerastase-usa.com)

Long-lasting flecks of shimmery microglitter are the first things you'll notice after applying this treatment, which contains quenching macadamia oil as well as UVA and UVB filters. Skip if you hate obvious gleam.



Moroccanoil Frizz Control.

L'Oréal Professionnel Mythic Oil (\$29, lorealprofessionnel-us.com)

This contains super-light avocado and grapeseed oils. "It penetrates the cuticle instead of just coating the hair for a clean feel and look," said Paul Gambutti, manager for L'Oréal Professionnel Technical Testing and Development. But if your hair is on the thicker side, a lot of product is needed.

Moroccanoil Frizz Control (\$32, moroccanoil.com)

The original Moroccanoil, whose sky-blue bottle is all over the backstage areas of New York Fashion Week, has been joined by products like this spray, which purports to protect against high levels of humidity.



Pureology Precious Oil Versatile Caring Oil.

Pureology Precious Oil Versatile Caring Oil (\$40 for 4.2 ounces; \$12 for 1 ounce)

Silicone and paraben-free, this oil is aimed at those who regularly dye their hair. It is also Green Seal-certified, meaning, among other things, that the packaging is biodegradable.



Ojon Rare Blend Oil Total Hair Therapy.

Ojon Rare Blend Oil Total Hair Therapy (\$35, ojon.com)

This bottle contains a blend of seven natural oils from around the world: ojon, rouge oleifera, Tahitian monoi, marula, Kalahari melon, kukui and ximenia. Shake to blend before applying.

BEAUTY SPOTS
Beauty news, trends and backstage coverage.

Effortless Curls with T3 Twirl 360

Published on February 18th, 2015 at 7:00 am by Amber - SkinStore Esthetician

The new T3 Twirl 360 is the newest machine for beautiful, effortless curls. This revolutionary device curls your hair for you with one simple motion. The 1.25" barrel automatically rotates around your sectioned strand of hair giving you a beautiful, flawless, polished curl with every twirl. This item can be used on all hair types and will not harm the hair.

T3 Twirl 360 Benefits:

-T3 Gyroscopic Technology: Senses wrist motion and automatically rotates to curl hair fast, while eliminating awkward manual motion and increasing control.

-Mid- Cool Tip: Makes it easy to safely and quickly maneuver the curling iron.

-Length Clamp: Ideal for curling any length of hair – even if it's layered.

-5 Heat Settings (up to 410°F): Suitable to style all hair types and textures with just the right amount of heat.

-2-Year Warranty: Comprehensive coverage and support options.

You can find this product on SkinStore.com.



Comments (0) Next »



Get the Look: BodyBuilder Waves

Published on November 10th, 2014 at 11:51 am by SkinStore Guest Blogger

By T3 Lead Stylist, [David Lopez](#)

This season is all about big, loose, voluminous waves that look natural and effortless, but still polished. T3 has created two new tools which I absolutely love, because they make creating this trending look fast and easy. The key to this style is waves that start lower down the hair section (at tip to chin level), which adds incredible body and movement to the bottom half of the hair. Here's how to get the look:



Start by prepping hair with your favorite body building product (Mousse, Thickening Spray, Texturizing Spray), then rough dry hair until it is 100% dry.

Divide hair into four sections. Start with your part, divide hair all the way to the back and split into pig tails. Split those pig tails into two sections divided from the top right behind the ear.

Using the T3 Micro BodyWaver wrap 1" sections of hair flat along on the barrel, then gently unwind into a long coil. Pro Tip: Curl all hair with sections being fed over the barrel and towards the face, as pictured. This ensures perfect symmetrical waves on both sides.

After allowing coils to cool, gently rake through hair from roots to tips with a large comb or your fingers. Detail the crown and hairline with the T3 Whirl Trio Interchangeable Wand using the 1" barrel attachment. Gently wrap 1/2" sections away from the face to create more texture and polish.

Finally, spritz on your favorite texturizing spray.

You can find T3 products on SkinStore.com.

About David Lopez



T3 Lead Stylist, David Lopez, is a rising session and celebrity hair stylist based in NYC. David has lived all over the world and learned at an early age to appreciate the beauty of different cultures and hair types. He started out studying film but quickly transitioned to his true passion, beauty school. David was trained in the French technique of hair cutting and educated by Aveda, Goldwell, Redken & Wella, before going to work for New York's top salons, Mercedes Benz Fashion Week and today's most prominent magazines. David's expertise is sought after by media outlets the world over from national television to web series, and is known for being creative and always enthusiastic, with an infectious passion for his craft. He is represented by NEXT Artists in NYC & FORD Artists in Miami.



Comments (0) Next »

[Home](#) | [Beauty](#) | [Hair](#)

THE SEXIEST HAIRSTYLES TO ROCK ON VALENTINE'S DAY

 BY [KELLI ACCIARDO](#) • FEBRUARY 4, 2015 • 5:21PM

From **Shakira**'s gorgeous rizos, to **Jessica Alba**'s textured lob — these are the 'dos that are sure to heat up February 14th. Celebrity hairstylist **David Lopez** breaks down his favorite looks, and lets you know how to recreate them at home, with **Show Beauty**'s new styling line.

[MORE: New Beauty Trends to Try in 2015](#)

Shakira

1 OF 6



Target

[VIEW ALL SLIDES](#)

"Nothing is sexier than our curly girls embracing their natural texture. Well-moisturized, and maintained curls will always look romantic and flirty. After rinsing out your conditioner, mix a couple drops of a moisturizing hair oil like **SHOW Beauty Pure Treatment Oil** with your favorite gel or mousse and gently squeeze your product into your hair, allowing your curls to fall in their natural position. Air dry or use a diffuser, but absolutely no touching during the drying process to get perfect, frizz-free curls!"

SHOW Beauty Pure Treatment Oil is available at [Net-A-Porter.com](#).



SHARE THIS

 521
SHARES


TAGS

[beauty](#)
[hair](#)
[jenniferlopez](#)
[shakira](#)
[valentine's day](#)
[sophia vergara](#)


[POPSUGAR](#) > [Beauty](#) > [Beauty Tips](#) > Easy Hair Hacks

A 2-Step Updo, 5-Minute Waves, and More Indispensable Hair Hacks



by Jessica Cruel 6/04/15

↻ 26 Shares

Like us on Facebook  135,238 people like this. Be the first of your friends.[View In Slideshow](#) 

Summer brings out the worst in everyone's hair. Fine strands frizz up, curls shrink up with the humidity, and long locks transform into a sweaty mess. This season, we turned to Chrissy Teigen's mane man and T3 stylist [David Lopez](#) to give us his on-set hair hacks. If these tricks can hold up at swimsuit shoots on the beach, then they'll do the job for you, too! Plus, you'll be amazed at the time you'll save on styling with the two-minute updo and five-minute blowout secrets David shares ahead.

Image Source: POPSUGAR Photography / Benjamin Stone

NEW REVLON PHOTOREADY
AIRBRUSH EFFECT™ MAKEUP
TOUCH TO GET CLOSER



REVLON
LOVE IS ON

SHOP VIDEO

Follow f t g+ p i t e

STYLE.COM

NEWS TRENDS STREET BEAUTY CULTURE FASHION SHOWS



Like a Rainbow: Abbey Lee Kershaw Rocks Pastel-Hued Hair

Katie Dickens Hair June 17, 2015 — 05:00PM

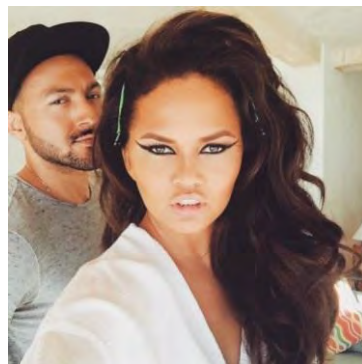


Anyone who's aware of the awesomeness that is Aussie model Abbey Lee Kershaw knows that she gives exactly zero fucks what's trending. She's a badass unicorn. Case in point: By the time septum rings became practically mainstream thanks to celebs like Scarlett Johansson and Lady Gaga, Kershaw's nose hardware was practically old news. So while multicolored manes à la Chloe Norgaard circa 2013 may have gone the way of the flower crown and sorbet-like strands are experiencing a model-approved resurgence (thanks to [Soo Joo Park](#) and [Fernanda Ly](#)), maverick Kershaw struck out on her own, mixing old and new with a fresh-to-death blend of rose and mint green. We think summer is the perfect season to experiment with mermaid hair. So if you're bold enough to recreate Kershaw's look, try [Manic Panic's Pastelizer](#) to mellow out the brand's [vivid shades](#) of Siren's Song and Cotton Candy Pink. Or use your imagination and come up with your own outré color combos and ask yourself, "What would Abbey Lee do?"

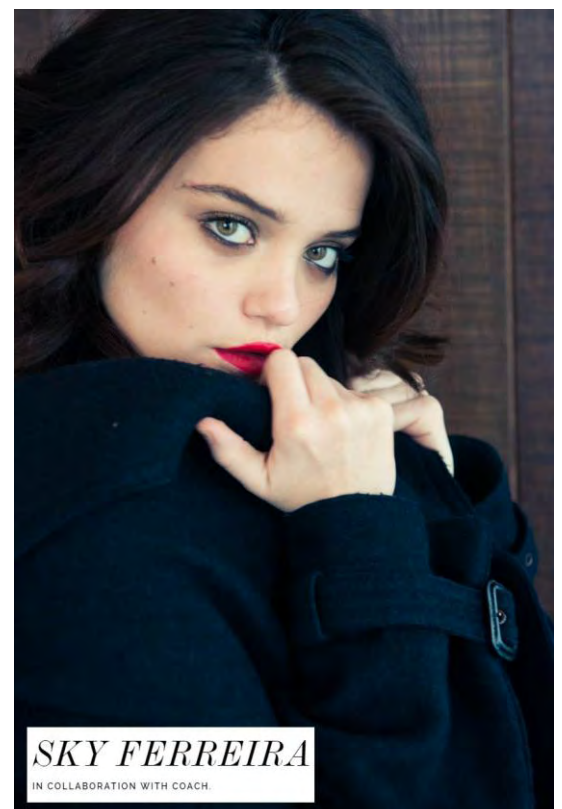
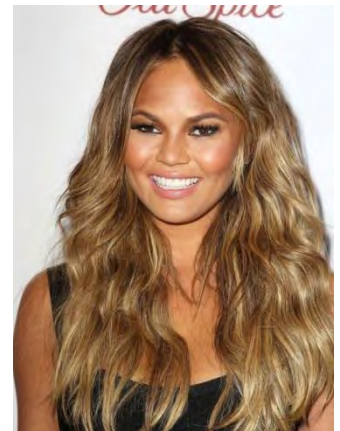
Red Carpet and Celebrity



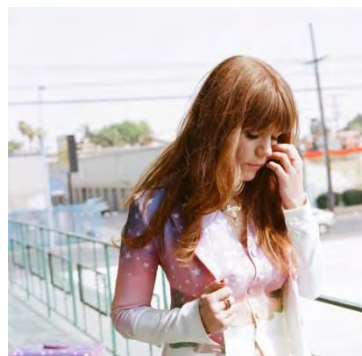
Red Carpet and Celebrity

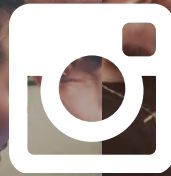


Red Carpet and Celebrity



Red Carpet and Celebrity





@DAVIDLOPEZZZ

11.2k + FOLLOWING

@DAVIDLOPEZHAIR

10k + FOLLOWING

SUPPORTED BY @NEXTMODELS
WITH A 333k + FOLLOWING

NEXT
ARTISTS